





- PMDC (Boys), Peshawar City. Tel : 091-2920472-4, 2609663-4
- PMDC (Boys), Mardan Tel: 0937-843240-1
- PMDC (Boys), Haripur Tel: 0995-321067-9
- PMDC (Girls), Peshawar City. Tel: 091-2041216, 2651168
- PMDC (Girls), Mardan Tel: 0937-861816-7
- PMDC (Girls), Haripur Tel: 0995-321067-9
- PMDC (Boys), Hayatabad Tel: 091-5811041, 5837304-5
- PMDC (Boys), Swabi Tel: 0938-280342-3
- City University of Science & IT (CUSIT). Ph: 091-2609501-8
- PMDC (Girls), Hayatabad Tel: 091-5854401-4
- PMDC (Girls), Swabi Tel: 0938-280382-3
- Email:pmdc@cusit.edu.pk, Website: www.cusit.edu.pk/pmdc



## TABLE OF CONTENTS

Message from President City University of Science & IT, Managing Director Peshawar Model Degree Colleges	2
Message from Director Peshawar Model Degree Colleges	3
Editorial	4
Peshawar Model Degree Colleges on Peak	5
Annual Day PMDCs Boys 2018	6
Annual Day PMDCs Girls 2018	8
Funfair PMDC Girls Peshawar 2018	10
Funfair PMDC Girls Mardan 2018	12
Parents Teachers Meeting 2018-2019	13
Sports Gala	14
Academic Tours of PMDCs	15
Welcome Party PMDCs Girls 2018	17
Bilingual Declamation Contest	18
Bonefire / Camping Night	20
All Pakistan Bilingual Declamation Contest	21
Go Green Tree Plantation Campaign	22
Mole Day / A Day spent with Rescue 1122	23
Orientation / Carrier Counseling Program	24
Workshop on Effective Teaching Skill	25
Awareness Walk	27
Articles by PMDC (Boys) Peshawar	29
Articles by PMDC (Girls) Peshawar	30
Articles by PMDC (Boys) Hayatabad	31
Articles by PMDC (Boys) Mardan	36
Articles by PMDC (Girls) Mardan	38
Articles by PMDC (Boys) Swabi	42
Articles by PMDC (Girls) Swabi	43
Articles by PMDC (Boys/Girls) Haripur	44

Patron - in - Chief **Mr Muhammad Sabur Sethi** President City University & Managing Director Peshawar Model Degree Colleges

#### Patron

Group Captain Kamran Ahmad (Ret'd) Director, Peshawar Model Degree Colleges

#### **Co-Patrons**

**Ms Saiga Sagib** Principal, Peshawar Model Degree College (Girls) Dalazak Road, Peshawar **Mr Aamir Ullah** Principal, Peshawar Model Degree College (Boys) Hayatabad Peshawar Ms Tahira Abbasi Principal, Peshawar Model Degree College (Girls) Hayatabad Peshawar Mr Faiz Elahi Principal, Peshawar Model Degree College (Boys) Nowshera Road Mardan **Ms Shamim Shoukat** Principal, Peshawar Model Degree College (Girls) Malakand Road, Mardan **Mr Falak Naz Khattak** Principal, Peshawar Model Degree College (Boys) Jehangira Road Swabi **Ms Shaista Suleman** Principal, Peshawar Model Degree College (Girls) Jehangira Road Swabi Mr Mujahid Ali Shah Principal, Peshawar Model Degree College (Boys/Girls) G.T Road, Haripur **Chief Editor Mr Ihsan Ullah** HOD English PMDC (Boys) Peshawar **Student Editor Muhammad Ali Focal Person Mr Mohammad Ishaq** Coordinator Peshawar Model Degree Colleges pmdc@cusit.edu.pk **Graphics Specialist Mr Aizaz Zahoor** pmdcgraphicdesigner@cusit.edu.pk

## MESSAGE FROM

### **Muhammad Sabur Sethi**

President City University of Science & Information Technology Managing Director Peshawar Model Degree Colleges

With the countless blessings of Allah, two more branches of PMDCs have been added this year taking a count to four in Peshawar, two at Mardan, two at Swabi and two at Haripur. There are separate campuses for Boys and Girls in these cities. Students are the focal point at PMDCs. Teaching methodology is progressively improved through regular feedback from students and parents via online portals. Lesson plans are carefully designed to make class rooms more interactive. Scholarship program has been enhanced by adding needy students of low fee private schools in addition to Government schools through Goodwill scheme. Merit scholarships are also awarded to students showing outstanding performance in SSC and HSSC. It is our endeavor to proffer education of international standard to all sector of society with an aim to contribute in the development of our homeland.

My best wishes and prayers to all our students, PMDC employees and Alumni.



## Group Captain Kamran Ahmad (Ret'd)

**Director Peshawar Model Degree Colleges** 

Extraordinary innovative trends have emerged last year in the field of High School Education worldwide. Academician have tried various techniques to ensure quality learning to the students.

However, all Educationists were unanimous in following Student-Oriented approach to analyze effectiveness of each technique. PMDC management keeping pace with the latest trends has improved the teaching methodologies and internal examination systems to ensure best results in the HSSC and ETEA examinations. Lectures at PMDCs are planned under the guidance of highly qualified and experienced faculty. These lessons utilizes all basic techniques like self learning, use of social media, Flipped Class Rooms, Design Thinking and to some extent Gamification to engender maximum interest in studies and learning. Moral upbringing of the students is an equally important task. Sports, extracurricular activities and a strong system of reward and retribution are in place which instills integrity and honour in the students.

We seek guidance and blessings of Allah in providing best services to our students and help them in achieving their dreams and a successful happy life. Aameen!

## **EDITORIAL**

## MUHAMMAD ALI

Dear Readers!

Blessings of Allah be upon you!

It is an honor for me to address you as the 4th Student Editor of PMDC's newsletter. My feelings can hardly express the deep gratitude for my parents and teachers whose encouraging words have always motivated me.

#### My Friends !

It's a source of great pride that PMDC has provided the students with best opportunities to polish their skills not only in Co-curricullar but extra curricular activities too. Through this newsletter the writers are given special chance to express their feeling and ideas in their own unique way.

There is a lot to learn from the 5th volume of newsletter as it has brought to light the sparkling gems of PMDC, their distinguishing achievements and their passion to achieve their goals. I am really grateful to the Honourable Director Colleges and Principal for their kind support and assistance .Special thanks to all my fellows and friends who adorned the newsletter with their worthy creations.

Hope this time the newsletter comes up to your expectations and satisfy your need for the food of thought.

REGARDS.

### PESHAWAR MODEL DEGREE COLLEGES ON PEAK

• • • •

Peshawar Model Degree Colleges (PMDCs) are winning many distinctions and have been placed in the list of well reputed colleges of the province. Every year in Board Examination PMDCs are elevated on victory stand. This year also in HSSC Annual Examination, the performance of PMDCs was stunningly outstanding. We feel pride that all the branches of PMDCs have won Best Institution Awards. This success is credited to the management of PMDCs, Director Colleges, the conscientious efforts of Principals, the diligent contribution of teaching faculty and enthusiastic students. We also appreciate parents' cooperation who took keen interest and maintained close interaction with administration to improve the performance of their son/ wards. Excellent and keep it up and shining!

HONOUR BOARD 2018 PESHAWAR MODEL DEGREE COLLEGES				
POSITION	NAME	MARKS		
<b>1</b> <sup>st</sup>	Irfan Ullah	994		
2 <sup>nd</sup>	Warisha Khan	991		
3 <sup>rd</sup>	Ubaid Ullah	989		
4 <sup>th</sup>	Ajmal Shah	983		
<b>5</b> <sup>th</sup>	Syed Rashid Mansoor	978		
6 <sup>th</sup>	Laiba Syed	977		
7 <sup>th</sup>	Javeria Farman	973		
8 <sup>th</sup>	Naveed Iqbal	971		
<b>9</b> <sup>th</sup>	M. Aqib Javed	970		
10 <sup>th</sup>	Shah Faisal	965		
11 <sup>th</sup>	Zia Ur Rehman Mohmand	962		
12 <sup>th</sup>	Salman Khan	961		
13 <sup>th</sup>	Hanifullah Hanfi Haji Mohammad	958		
14 <sup>th</sup>	Shairullah Fayyaz Ahmad Fatima Siddiqui	957		
15 <sup>th</sup>	Umm - I - Habiba	955		
16 <sup>th</sup>	Javairia Fayyaz Ahmad Muhib Ullah	952		
17 <sup>th</sup>	Asma Arif	950		
18 <sup>th</sup>	Shoaib Khan Abdur Rahim Khan	949		
19 <sup>th</sup>	Saif Ali	948		
20 <sup>th</sup>	Aqsa Siraj	945		

## Annual Lay DESHAWAR MODEL DEGREE COLLEGES (BOYS)



Peshawar Model Degree Colleges (Boys) Peshawar-Hayatabad-Mardan-Swabi jointly celebrated their Annual Day and Annual Farewell Lunch on 2nd April, 2018 at City University of Science and Information Technology, Peshawar. Air Commodore Khaleeq uz Zaman SI(M) Retd Principal Peshawar Public School & College Warsak Road, Peshawar was graced the occasion as Chief Guest. Other distinguished guests included Engr. Dr. Prof. Attaullah Shah Vice Chancellor City University of Science & IT, Peshawar, Sqn Ldr Syed Attaullah Shah (Retd) Director Peshawar Model Degree Colleges, Registrar City University, Controller of Examinations City University, Alumni members, Teachers and Parents of Prize winners.

Gold Medals and Shields were awarded to the toppers in their respective disciplines of last year students. Other cash prizes and certificates were also awarded to outstanding students in different categories i.e Academics, Sports, Quiz Competitions, Qirat Competition, National Song Competition and Full Attendance. The efforts of teaching faculty staff, allied staff as well as class-IV staff were also acknowledged through appreciation certificates.

The program was made interesting by entertaining performances by the students of 1st year and 2nd year student including skits on different topics, songs, modelling and many more. They were duly applauded by the audience and the distinguished guests. The Chief Guest was presented souvenirs by Director PMDCs. The program ended with the National Anthem and a ceremonial lunch.

PRICE DISTRIBUTION ON ANNUAL DAY 2017

PMDC, Newsletter, April 2019



### PESHAWAR MODEL DEGREE COLLEGES (GIRLS)

Peshawar Model Degree College (Girls) Peshawar and Mardan jointly celebrated their Annual Day and Farewell Lunch on 31<sup>st</sup> March 2018 at City University of Science and Information Technology, Peshawar. **Mrs. Khalida Iqbal Jhagra** wife of Ex Honorable Governor Khyber Pakhtunkhwa was graced the occasion as Chief Guest. The other distinguished guests included Mrs. Rizwana Irfan, Directress of Academics at Peshawar Model School, Boys I and IV, mothers of the prize winners and 2nd year students.

Prizes were awarded to outstanding students in different categories i.e academics, sports, quiz, essay writing competition and attendance. The efforts of teaching faculty as well as allied staff were also acknowledged through certificates.

The program included different skits and entertaining performances by the students of and were duly applauded by the audience and the distinguished guests. The Principal presented college souvenirs to the Chief Guest. The program ended with National Anthem and a ceremonial lunch.









The most awaited event of the year i.e. Funfair of Peshawar Model Degree Colleges (Girls) was held on 17th November 2018, at the premises of City Univeristy of Science & Information Technology Peshwar. Mrs Humera Arshad Ayub, wife of respected MPA was the Chief Guest. Invitations were extended to all female institutions of Peshawar. A large number of students from school and colleges attended the event and enjoyed a variety of eatables and other attractions arranged by social welfare society of the colleges. In the end the students took home the prizes drawn through lucky draw and the event turned out a huge success.





## **Party** PMDC Girls Mardan..

Funfair was arranged in PMDC (Girls) Mardan on 24th November, 2018. Ms Zubaria Sheikh Principal Peshawar Model School Nowshera was invited as Chief Guest.

The then Director Colleges Sqn. Ldr. Syed Atta Ullah Shah (Ret'd) along with Deputy Director PMDCs Mr Ibrar Khan, students and teachers of PMDC (Girls) Peshawar, PMDC (Girls) Swabi and other local schools and colleges attended the function. PMS Mardan, PMS Nowshera and PMS Charsadda also joined the function. Different eatables stalls were organized by students. The function was inaugurated by the Chief Guest and she took round of all the stalls and appreciated the efforts of the students. After evaluation positions were awarded to the first three best stalls and awarded with certificates. Lucky draw was held and gifts were took home by the winner students. After refreshment the Chief Guest was honored with a college souvenir and bouquet by Principal Mrs Shamim Shaukat. The entire staff and students participated well in the event with full zeal and zest.



## PARENTS-TEACHERS MEETING 2018 -19

Every year Peshawar Model Degree Colleges (Boys-Girls) arrange Parents-Teachers Meeting (PTM). In which parents are invited along the students for their results of Mid Term–Detention Examination. The parents who attend parent teaching meeting to help their children grow and succeed. It is a great opportunity for the teachers to share all about the progress and behavior of students. It is also necessary for the students to join their parents on such occasions. Parents get information from being involved in their children's education by getting ideas from college on how to help and support their children. Make sure you attend such kind of meetings. Our colleges provide such opportunities for the parents where they can share their thoughts and ideas about the institution and about the teachers concerned with their children. Parents should free to discuss anything about administration, teachers, teaching standard and methodologies in order to help us to improve our system to serve your students in a better way.



## SPORTS GALA

Our prestigious institutions not only focuses on curricular activities but also provide opportunities for co-curricular and extra-curricular activities. Sports activities not only help in physical fitness but also provide a healthy entertainment to the students. Sports activities also play a vital role in physical as well as mental growth of the students. Keeping in view to groom the students through extra-curricular activities, Peshawar Model Degree Colleges arranged Sports Gala from 24<sup>th</sup> to 26<sup>th</sup> December, 2018. Students from boys campuses of Peshawar, Hayatabad, Mardan, Swabi and Haripur participated in Cricket, Football, Volleyball, Badminton, Table Tennis, Chess, Shot Put Throw, Discus Throw, Javelin Throw, Tug of War, Sack Race, Long Jump, 100 M Race, 200 M Race. Trophies and Certificates were awarded to winners teams and players.



## **Exeursion Cum Academic Tours of PMDCs (Boys)**

## **A Great Visit to Kamra Base**

Management of Peshawar Model Degree College Boys Dalazak Road, Peshawar for the very first time arranged a one day visit to Pakistan Aeronautical Complex Kamra. It was only made possible due to our respected Principal Group Captain Kamran Ahmad (Ret'd). A group of 50 students was selected for this adorable visit and was led by Principal. The main objective of this visit was to help students to know about the great powerful weapons and advanced technology used by the Pakistan Air Force in order to tackle the enemy. Students who had a great interest to join Pakistan Air Force were taught how they can be part of PAF in future in order to provide selfless services for the betterment of Pakistan. Students showed great interest in different technologies and showed their love for PAF. As our Principal remained in services with PAF he tried to give a great sense of knowledge and information to the students. This visit remained memorable and informative for all the students who visited as they have never been able to gain that much information before regarding technologies and advance weapons used by Pakistan Air Force.







## **TOUR TO LAHORE**

Management of Peshawar Model Degree College Dalazak Road arranged three days excursion tour to Lahore. Student of 2nd year left for Lahore on 26th December 2018 led by Prof. Nadeem Ahmad and Prof. Ihsan Ullah. After spending some great memorable days of their life returned on 30th December 2018 safely. During this tour they visited some great historical places of Lahore like Minare-Pakistan, Badshahi Mosque, Shahi Qilla, Wagha Border and Lahore Zoo.

To make the tour interesting students were provided with the opportunity to visit some of the well known malls of Lahore like Hyper Star Mall, Packages, Fortress Street and Liberty Market. Students enjoyed some unforgettable moments of their lives and they captured memorable moments of historical places in their cameras. This tour to Lahore wrote some golden pages of the students life and they will remember it in their whole life. On 29th December 2018 their visit to Lahore ended and they returned to Peshawar safely on 30th December 2018.



## TOUR TO MURREE

Murree is a great visiting hill station. From a distance it looks like a place that you expect to be in a wonderland. Last time our college decided to take us on a trip to Murree. On 27th December 2018, we reached Murree at 3:00 pm after the exhausting journey that was tiring yet beautiful. The places which were chosen for visiting were Mall Road, Sozo Park and the Chair Lift. Being too tired ,we chose to rest and begin all the adventures the next day. The next morning we woke up to an incredible view, mountains that were hiding in the fog. The area was filled with beautiful trees that had enticing flowers. The whole morning was just tremendous and beautiful. After visiting mall road we came to our hotel and everyone decided to sleep. In three days trip we enjoyed very well and was looked short for visiting all picnic spots. We experienced the wonders that nature holds that flourish Murree. On our way back from Murree to Peshawar, heavy clouds took over the sky and it rained heavily. To sum up, Murree was the best place that we visited and it didn't disappoint us at all.







Welcome parties are arranged by the PMDC Girls Campuses for the fresher's every year. The main aim is to give a warm welcome to the new comers. Such parties not only build their Confidence but also add creativity to their levels. These parties are addressed by our seniors, Teachers and Principals. They deliver welcome speeches according to the occasion. It is accompanied with some colorful events and programs like signing, skits, traditional dances, and Splendid decorations thus making it a soulful afternoon. Later on students tasty food items from The stalls available and thoroughly enjoyed the event and very disciplined manners.



## **BILINGUAL DECLAMATION CONTEST 2018**

PMDC Bilingual Declamation Contest was arranged at City University Audutorium. A large number colleges participated from different areas of Peshawar, Mardan and Swabi. Prof. Dr Miraj ul Islam Zia, dean faculty of Religious and Oriental Studies, University of Peshawar honored the occasion as Chief Guest. Many official delegation of PMDC and City University attended this competition. This function was attended by the lofty personalities i.e, the then Director PMDCs sqn. Ldr. Syed Attaullah Shah (Ret'd), Principal PMDC (Boys) Peshawar Group Captain Kamran Ahmed (Ret'd). Group Captain Muhammad Sadiq Malik (Ret'd), Asst. Prof Syed Hanif Rasool Kakakhel, Prof Dr Muhammad Ishaq Wardak and Mr. Khalid Noor (Pride of Performance) Member of Olympic Association, performed the duty of honorable judges. A great show of speaking skills of different students came into this competition among all the colleges. Cash prizes, trophies and certificates were awarded to the winners and all the participants of pompous competition. At the end Chief Guest appreciated the spirit of all the students and tried to give them a sense of Pride and Honor. The college souvenir was presented to the Chief Guest.





Bonfire and musical night was the most colourful event arranged by the PMDC (Boys) Dalazak Road, Peshawar. This awesome event was organized on 22nd December 2018 at night. The main purpose was to bring the students out of the stress zone.

When the night arrived, excitement filled the air. The fire was as hot as lava. It brought yellow and orange flames danced, flickered knowing. They were being watched by an amazed crowd. The flames of fireworks twisted and flickered. By display of such a brilliant sight nobody there was tried and watching. The firework tired hard to outshine the stars or to be more striking and elegant than the last. Further activities included Camping Night, DJ, Food Stalls and much more.

During the celebration the students wore mesmerizing outfits danced around the bonfire made the evening more attractive. Watching movies is an amazing activity to relax for many people nowadays. So, it was decided to watch a movie. At the end all enjoyed watching movie on a big screen and realer sound. It really is something that needs to be experienced. The night was spent in the camps.













# **All Pakistan Bilingual Declamation Contest**

All Pakistan Bilingual Declamation Contest was organized by Pakistan Air Force at Fazaia Inter College PEF Complex Islamabad. Students from all over Pakistan took part in the contest. Out of 25 colleges, four qualified for the final round. Final round was contested at the evening of 8th February in the presence of worthy Chief Guest, Air Chief Marshal Mujahid Anwar Khan. Kashif Saleem was representing PMDC in the contest of Urdu while Ali Gul Haq in English. These two stars of PMDC were being supervised by genius and intellect of Prof. Ihsan Ullah. As hard work is the badge of PMDC students, so Kashif Saleem and Ali Gul Haq kept on working hard with the spark of passion until the final round of contest.

Eventually they got first position by winning the final round and thus they made a history. At the end of contest, Air Chief Marshal Mujahid Anwar Khan awarded them winning trophy. The glorious event of success was warmly celebrated in PMDC (Boys) Peshawar when our contestant arrived back with their leader Prof. Ihsan Ullah. They were warmly welcomed by Principal and Director colleges Group Captain Mr. Kamran Ahmad (Ret'd), faculty members and students on this historical moment.







## **GO GREEN TREE PLANTING CAMPAIGN**

A Special Tree Plantation week was organized by Peshawar Model Degree Colleges in the month of February 2019. Students of all campuses of PMDCs actively participated.

As it is the slogan of new established Govt. of Pakistan "Green and Cleaner Pakistan". PMDCs left no stone unturned in this trend of plantation which will contribute to a green, clean and peaceful Pakistan. Students were urged to take lead in conserving forest and plant more trees if the country is to magitate the growing effects of climate change.

Students were encouraged to preserve and plant more trees in order to tackle the ecological problems. Pakistan is one of those countries which is extremely affected by ecological and climatic changes like global warming and combustion. The forestation measures are essential to be taken in such critical scenario. PMDCs are one of the forerunners in this regard.













The mole day was celebrated on October 23rd, 2018, Mole Day commemorates Avogadro's Number (6.02x10 23). The students of class 2nd year celebrated mole day with their respected teachers. Mole day was created as a way to foster interest in chemistry. Colleges throughout the United States and around the world celebrated the Mole day with various activities related to chemistry. Cakes on which happy mole day was written cut by our honorable Vice Principal Prof. Khushdil Khan. Similarly the great history regarding Mole Day was shared by our chemistry teachers which seemed to be great importance and source of knowledge for all the students.

## A Day Very Well Spent with Rescue 1122

Emergency Management Training by Rescue 1122 was held on 15th November, 2018 in City University. The main objective of this advanced was to make people aware of emergency situation in which students were taught how to adopt ways in order to make themselves safe from the dangerous disasters. A large number of male and female students of Peshawar Model Degree Colleges and City University attended the training. Some officials from PMDCs i.e, Sqn. Ldr. Syed Attah Ullah Shah (Ret'd), Principal Group Captain Kaman Ahmed (Ret'd), Registrar and Heads of Departments City University, senior staff of both City University and PMDCs also participated in the adorable training. Some great commendable tips were given by the rescue 1122 training incharge Mr .Yasir Khan regarding safety precautions during emergency situations. A group of rescue 1122 performed a number of small acts in which they tried to show us that how to use different medical equipments and how we can give First Aid to any injured in any emergency situation takes place. Similarly different students asked some important and interesting questions regarding usage of different medical equipments which created a pompous environment where a lot of new things came in the knowledge of all the audience. A great time was spent with rescue 1122 and their team, we learnt many new things which we had not seen before.









## Orientation

Orientation programs were conducted for the new commeres, for the first time in the history of PMDCs, under the kind supervision of Principal Group Captain Kamran Ahmad (Ret'd) and senior faculty. These orientation were specially arranged for new students to make them familiar of the rules and regulations of the college. For this purpose a group of students was selected on the bases of their academics for the guidance of new commeres.

These programs were organized from first Saturday of July to last Saturday of August 2018. On these selected days new students and their parents were invited.





## Alumni Association

During the orientation program the alumni were invited for the guidance of new students. The purpose of an alumni association is to foster a spirit of loyalty and to promote the general welfare of the organization. Alumni relations is an important part of an institution's advancement activities for many reasons. By engaging alumni, an institution can continue to benefit from their skills and experiences. This year PMDC (Boys) Dalazak Road, Peshawar invited the alumni during orientation programs which included politicians, doctors, engineers, civil and armed forces officers etc to share their valuable experiences with the new commers.

Carrier Counseling Program

Carrier counseling program was arranged by Principal Peshawar Model Degree College Group Captain Kamran Ahmed (Ret'd). The main objective of this carrier counseling was to provide a wide vision of different fields to the fresh students so that they can set up their goals and aims for their professional life and can select a profession which seems to be most suitable for them in future. A large number of students participated and this program became very successful which helped many students to choose their most suitable profession of their own choice. Students were counseled by the Principal PMDC (Boys) Peshawar, senior faculty and students of FSc Part-II. This program included a wise vision of different fields like armed forces, business and marketing and social work etc. This program also included various sports categories such as volleyball, football, cricket, table tennis. Similarly different societies like science society, debating society, royal aeronautical society were formed in order to motivate students to choose their suitable profession. A great outcome was observed by the teachers from this remarkable carrier counseling program and it was very fruitful for the students.

## **ONE DAY WORKSHOP ON EFFECTIVE TEACHING SKILLS HELD AT PMDC HARIPUR**

The Effective Teaching Skills workshop was organized by PMDC (Boys/Girls) Haripur. Principals and Teachers from different schools and colleges of Haripur were invited for the training workshop. About 35 schools and colleges took part in workshop and 125 teachers participated in the workshop. Teachers from all PMDCs Peshawar, Hayatabad, Mardan, Swabi, and Haripur also took part in the workshop.

Important note is, that this was the first ever teaching workshop organized at PMDC (Boys/Girls) Haripur under the platform of PMEIs. Seasoned trainer **Mr. Qamar Khan Qureshi** was the resource person of the workshop. The goal of the workshop was the capacity building of the teachers and to introduce teachers with Effective Teaching Skills. The trainer delivered a brief presentation on the role of the teacher in creating effective learning environments, active learning strategies and techniques, and how to establish an effective learning environment. The workshop also allowed sharing of diverse learning experiences in practice and the opportunity to collaborate and learn from each others experiences.

The Principal PMDC (Boys/Girls) Haripur welcomed the Guest Speaker and the Participants. Director PMDCs delivered a brief presentation on the role of PMEIs in education especially in the faculty development programs. Director PMDCs appreciated the staff of PMDC (Boys/Girls) Haripur and said that such training sessions help a great deal in grooming and upgrading the teachers' skills.



## TOUR TO GIKI

Students of PMDC (Boys) Hayatabad participated in "All Pakistan Mathematics Olympiad" on 16th -18th November, 2018 at Ghulam Ishaq Khan Institution (GIKI) Swabi. Students were supervised by Mr. Hafiz Meher Elahi (HOD Physics).

Student participated in different activities, in which student Mr. Hadi and Mr. Sebtain got 3rd and 4th position in CHESS competition. While team PMDC VICIOUS Consisted of Hassan Zikria and Sebtain got 2nd position in "Mad Math", Team PMDC Horizon Mr. Hadi, Hamza and Umer Rayyan got 3rd position in journey through Genius.

Chaperone Mr. Hafiz Meher Elahi was awarded with "Best Chaperone" Award.



## AWARENESS WALK

PMDC Hayatabad arranged an awareness walk about the saving of power and environment in collaboration with SNGPL on 11<sup>th</sup> Dec,2018 from SNGPL chowk to, PDA Office. The walk was successfully made in friendly environment with the slogan, "Save Gas Save cash". A heavy crowd of PMDC students and people took part in the walk and spread awareness among people.



## (PMDC Boys Peshawar)

**ARTICLE BY** 

- In size , Earth is slightly larger than Venus. Earth formed some 4.54 billion years ago.
- It is estimated that life came to existence on Earth some 4.1 billion years ago.
- It is also interesting to note that more than 95% of Earth's ocean are still unexplored.
- Earth has just one moon whereas Jupiter has 67 moons.
- Earth's core is almost 85-88% iron and its crust is almost 47% oxygen.
- The first 11 km from the Earth's surface has 75 % of the atmosphere.

Ritik Santosh 2nd year

#### **SCIENTIIFIC INFORMATION**

The Fast Revolving planet is Mercury.

HCL is also called muriatic acid. A scientist who discovered water –Antoine

Lavoisier.

Gilbert is a unit of Mangeto Motive Force (MMF).

Super Fluid: A super fluid is a phase of matter that capable of flowing endlessly without energy loss.

Shark in a cancer Free Animal they have squailing.

What is Life? It is very difficult to define life, but for a biologist it is the functioning of genes.

> Mushtaq Ahmad Maidani XI PMP

#### IMPORTANCE OF BIOCHEMISTEY IN MEDICAL FIELD

Today's Biochemistry Is Tomorrow's Medicine **Every Thing Is Successive** But Not Adhesive Do Not Work Hard Work Smart If Your Target Becomes Your Aim Then No Hardships Difficulties And Challenges Can Stop You From Acheiveing Your Target Always Deliver More Than Expected Do Not Follow The Majority Follow The Right Way "Suffering" Has Been Mentioned 75 Times. "Thanksgiving" Has Been Mentioned 75 times.

Mushtaq Ahmad Maidani XI PMP

#### BILLONAIRES ADVICES TO THE YOUTH

Bill Gates

"From those to whom much is given, much is expected" Michael Dell "Never be the smartest person in the room" JK Rowling "Live each day as if it was your last" Ted Turner "World Like a hell and advertise" Reid Ho F F Man "Be Centrarian and be right" Larry Page Tackle big dreams, there's no competition. Haris Ali Khan PMC XII

#### "EDUCATION"

A review of research is conducted to examine the effect of rewards on intrinsic motivation and learning for children in general education and special education. Intrinsically motivated students experience school success because they display behavior such as choosing challenging activities etc. the use rewards undermines intrinsic motivation and results in more error in the learning process. The implication of the research are discussed and the collection of strategies design to promote intrinsic motivation is presented. One part of collection presents strategies for all students, and the other part contain strategies for student with learning disabilities, each part is broken down into topics on classroom climate, behavior management, and less planning.

**Rock Son** 

### **INFORMATION ABOUT ISLAM**

The first among children who accepted Islam (Hazrat Ali).

The first mosque of Islam (Msjid Quba).

The first Battle with Kafirs (Infidels Battle of badr 2A+1).

The first migration in Islam (Abyssinia Migration).

The first mouzan of Islam (Hazrat Bilal)(R.A).

The holiest place of Islam. (Khanakaaba).

The largest desert of Islamic world is (Shara-e-Azam Africa).

The largest Islamic country by area (Kazakistan).

The first Nuclear Islamic country is (Pakistan).



### **LEADERSHIP QUOTES**

Leadership is about making others better as a result of your presence and making sure that the impact lasts in your absence.

A leader is one who Knows the ways and shows the way .

If your actions inspire others to dream more learn and do more and become more than. 'You are A True Leader'.

Leader is not about titles position or Flowcharts it is all about one life influencing others.

Remember the difference between 'Boss and Leader' a Boss says 'Go and a leader says 'Let's



#### **GOLDEN WORDS**

Don't get tried of doing unsuccessful efforts because sometimes the last key of the bunch opens the locks.

One impulse from a vernal wood may teach you more of man, of moral evil and of good, than all the sages can.

Worthless people live only to eat an drink and people of worth eat and drink only to live.

When you give more respect to someone in your life, you will lose your respect in his life.

The wall and bridge are made of same material, but the wall separates the people and the bridge connects the people.



## **ARTICLE BY** (PMDC Girls Peshawar)

## **GOLDEN WORDS**



- The Clouds growled up ahead, Threatening to burst into tears.
   Drunk with its own sorrows and grief, It Collides blindly with its mater, Ablazing the Sky with lightening.
- The initial drizzles turn into torrents, sounding like bullets, against the window-panes.
- The plants stretch up at the first drop of water, Dying to quench their thirst.
   For their need was long forgotten by the mean world and the blind clouds were to their rescue.
   The animals shake their heads vigorously freeing themselves from the drops of tears. And the humans? They run into shelter. Never realizing the value of rain.
   Never realizing the value of rain.

**Areeba Arim** 

XI-P

LIFE

Give you minus a wonderful bloom, Learn till your imaginations zoom, Write you glorious compositions, Have the creative conversations Use you knowledge to make it clear, In this world you always have to dare, Turn on to reading, And forget all posts wondering with the zest, you choose the best, cause life is challenge to gave your test.

Sajjal Arif

### **Did You Know?**

#### **IN QURAN**

- "Life" has been mentioned 145 times.
  "Death" has been mentioned 145 times.
- "Angels" has been mentioned 88 times.
  "Satan" has been mentioned 88 times.
- "World" has been mentioned 115 times.
  "Doomsday" has been mentioned 115 times.
- "Lucifer" has been mentioned 11 times.
  "Safety from Satan" has been mentioned 11 times.
- "Suffering" has been mentioned 75 times.
  "Thanksgiving" has been mentioned 75 times.

Roshan Ara PM-XI (K)

## Zahir By Paulo Coelho

"The energy of hatred won't get you anywhere, but the energy of forgiveness, which reveals itself through love will transform your life in a positive way."

Sajjal Arif

### Saying of the Holy Prophet (Saw)

 Abdullah Bin Umar Reported: A man asked the Holy Prophet (saw), Which part of Islam is the best?

The Prophet (saw) said," To Provide food and say salam to those (Muslims) you know and to those you do not know."

Wajiha Younas PM XII (H)

## "Thought Rises the Faith"

It's hard enough, to start a word , combining some words, Will it make a poem? But for a short while, I did understand, I can draw my ways, For miles and miles, for my ways, they will sing and dance, and for each of my fall, I will be given a chance, by traveling so far, I did realize, to adore moments, by being a thought into an image, by being an image into a story, by being a moment.
 "Into a Rise in Faith."

Humera Mehboob



## ARTICLE BY (PMDC Boys Hayatabad)

## GOLDEN WORDS

BE S.M.A.R.T : (tips for setting goals . Ever goals should be....)

SPECIFIC: Exactly what is it you want to accomlish. The more detailed & specific , The better the goal .

MEASUREABLE: In whta ways can you measure your goal so that you know you're making progress.

ATTAINABLE: Is the goal , something you can really accomplish.

REALISTIC: Do you have the capabilities, Resources and physical abilities to your goal.

> M.HANZALLAH QURESHI 1081 XI- PEP

#### **MUSLIM & CHRISTIAN NAMES**



#### "A MASSACRE"

Captured by the black skies Something never to be disguised On sixteen of December, it occurred Witnessed by a nation, a "massacre" Talks and whispers in auditorium Silence by the guns from the podium Nine months in womb 'til adolescence Seconds it took till lasts his existence Many martyred, some endured But the pain's still uncured Worn a green sweater, felt softened later wrapped in green flag around coffin Bloodshed of hundreds under rays of sun To whom a mother shall call his son Tried to decimate, hopes of nation alive But the little soldiers became exemplary pride History writes each of the name for courage Shall never be forgotten even they're burried Smiles of them ruptured like a cotton wool Paid a heavy debt by the state and

ARMY PUBLIC SCHOOL.....

M.SAAD XII-PE.P

### **MUSLIM & CHRISTIAN NAMES**

With a special gift of learning And with a heart that deeply cares You add a lot of love And even though You mean a lot To change the world Through every life you touched You sparked the creativity In the students whom you taught And helped them strive for goals That could not be bought You are such a special teacher That no words can truly tell However much you're valued For the work you do so well.

> M.SAAD XII-PE.P

PMDC, Newsletter, April 2019





## **GOLDEN WORDS**

Ayesha Jamal

XI-P

### PEACE



Daily I look around I look up I look down Everywhere people are having a light. Our future is dark that was once bright.

Why can't people live with love. Why can't people act like a dove. Dove is the symbol of peace. So act like a dove not like a gees.

Come on Let's make this earth better. Come on hold hands and stay together. Come let's love the people we hate, Come let's love the people we think Are great.

Come let's stay cheerful, and make This earth peaceful.

Hadeeqa Khan **FUN FACTS** XII-M



1. Banging your head against a wall for hour burns 150 Calories.

2. Snakes can help predict earthquakes. They Can sense a coming earthquake from 75 miles Away (121km) upto five days before its happens.

3. So far, two diseases have successfully been Eradicated small pox and rinderpest. The last Naturally occurring case of smallpox was diagnosed in October 1977, and the last case of rinderpest was diagnosed in 2001.

4. Cherophobia is an irritational fear of fun and happiness.

5. Bananas are curved because they grow towards the Sun. Bananas go through a process called "Negative Geotropism".

6. Polar bears could eat as many as 86 Penguins In a single sitting.

LIFE TRUTH

If you have something let it go if it comes back to you it's your's if not it never was.

#### **A DAUGHTER**

A daughter is the happy memories of the past, The joyful moments of the present and the Hope of the future.

#### **FRIENDSHIP**

You Cannot add more milk in a full glass, but you Can add sugar in it, It proves that sweet people Can make space even in filled hearts.

#### FOR STUDENTS

You will never reach your destination if you stop and throw stone at every dog Let them leave to Bark and achieve your "Goal."

#### WHAT IS STUDENT ?

- **S** is for sincerity in all that a student does.
- T is for truthfulness its use in must, stands for
- U understanding essential for us.
- D is for discipline without it will fall.
- **E** is for enthusiasm and eagerness to do at hang.
- **N** is no nonsense at any stage.
- T is for talent and could be developed for life.

#### HARD WORK IS KEY TO SUCCESS

Hard work beats talent when talent doesn't work hard. Talent will take you to high positions, but hard work Will help you to maintain that positions work hard Until your signature turns in to an autograph.

#### **HAPPINESS**

Happiness is just like a butterfly the more you chase It. The more it will elude you but if you turn attention To other things, it will come and sit safely on your Shoulders.

#### A FAMOUS POET SAYS THAT

1: A good dress changes your personality but a good Behavior changes your life.

2. Speak only when you feel your words are better than your silence.

3. Kindness is the language which the deaf can hear and the blind can see.

#### **TENSION FREE**

The real way to get a peaceful and tension free life is to accept the fact that..... Nothing is YOURS!!!

## **GOLDEN WORDS**

#### 1. The Benefits of Namaz (Salah)

Long Sajdah, No Heart Problem, Increased Eyesight, Brain Works better and face glow.

#### **Rukoo with Straight Legs:**

No Knees or joint problems, Improvement in digestive system, In short Complete health coverage.



Laiba Naz

XI-M

#### 2. Speak and Listen:

Speak in such a way that others want to listen to you.

Listen in such a way that others want to speak to you.

#### 3. Sentences

A person does not seek luck seeks the person. (Turkey).

Success and rest don't go together. (Russia)

Never leave that till tomorrow which you can do today. (Benjamin Franklin)

Knowledge is a treasure but practice is the key to it. (Proverb)

What you get out of life depends on what you put in it. (Anonymous)

To be trusted is greater compliment than to be loved. (George MacDonald)

There is no substitute for hard wok. (Thomas Alva Edison)

The Only way to win a war is to prevent it. (George C. Marshall)

Who love the rose should put up with its thorns. Reason is the root of my religion. (PBUH)

#### 4. EMOTIONS



Anger:Weakens the liver.Grief:Weakens the lungs.Worry:Weakens the Stomach.Stress:Weakens the heart and braiFear:Weakens the Kidney.	in
---	----

#### GOLDEN WORDS Mahnoor Aziz XII-M

. . . . . . . .

Sometimes in the dark of the night I visit my conscience to see if it is still breathing For its dying a slow death.



Everyday When I Pay for a meal in a fancy place an amount which perhaps the monthly income Of the guard who holds the door open and quickly I shrug away that through it dies a little. When I am decked up in a designer dress. A dress that cost a bomb And I see a woman at the crossing In tatters, trying unsuccessfully to save her dignity and I immediately roll up my window it dies a little.

When my sick maid sends her daughter to work. Making her bunk school I know I should tell her to go back but I look at the loaded sink & dirty dishes and I tell myself that is just for a couple of days It dies a little.

#### **Taskeen BiBi** TIME TO UNITE



When you attack black people they call it racism. When tou attack country they call it terrorism. When you attack women they call it gender discrimination when you attack jews they call it anti semitism. But when they attack Holy Prophet Muhammad (saw) they call it freedom of speech.

Taskeen BiBi BOND WITH ALL

We should never think because of some outward blessing that ALLAH is favoring someone, or because of some outward hardship that He is punishing someone.

We are all being tested. We are all being taught Our individual lessons.....

All difficulties ultimately end and everything in this life is temporary But there is nothing as beautifully and everlasting as the bond you form with ALLAH.

Urooj Sahar XII-M **GOLDEN WORDS** 

Almonds are exceptionally healthy Nuts! Research has shown that almonds and other nuts do not tend to contribute to weight gain and infact may help with weight control.

They may also protect against DNA damage and Lower cholesterol.

The Benefits of almonds can be reaped when eaten either cooked or raw.

Wonderful Mother

W

0 **Outstanding Friend** 

M **Marvelous** Daughter Α

- Adorable Sister
  - Noble gift to man from ALLAH
### GOLDEN WORDS Sana Khaliq ur Rehman XII-M

A Good Excuse Not To Study. It is my question from parents and teacher that tell one where is the time to study in just 365 days? Read the following and answer me Days in year = 365 days Sunday in year = 52 And Sunday are meant for rest Days left in year = 313 days Winter Vacation = 15 days Weather is cold, so it is difficult to study. Days left in year = 298 Eight hours daily sleep = 122 days. Sleep is necessary. Days left in year = 176 days One hour daily for play = 15 days It is good for health Days left in year = 161 days Two hours daily for food = 30 daysFood is necessary to live Summer Vacation = 100 days Weather is so hot, so it is difficult to study. Other holidays = 25 days These one meant for enjoyment days Left in year = 6 daysIllness at least once a year = 3 days Days left in year = 0 days

So you can see that it is not our fault not to study. Therefore you cannot blame us for not studying.

### A TRIBUTE TO MY DEAR MOTHER

The most precious gift, I ever got is the greatest mother give by ALLAH. For a big or small master or slave. Life without her is like a grave. I have no fear of seas and sand, when she is there to lend me a hand.

She stays up for me all days all night if I say I am feeling a bit of fright in pain and miseries to be strong nothing so pure and nothing so bright, here that she shows in every plight. A love that knows no bound, and chain, Blesses on everything like a shower of rain. Whenever depressed or feeling discouraged, her pearls of wisdom lift my spirts. Thanks Allah for the gift that has no price and under her feet is paradise.

- M Million
- O Other things she told you
- T Tears she held to save you
- H Health of purest gold
- E Eyes with loving lift

**R** Right things she teaches you

Note: Put them all together it spells.

**Mother:** Mother is the greatest gift of **ALLAH** To human.

# حديقه خان

لطيفونكىبارات

**شو هراور بیوی** بیوی: میری طبیعت ٹھیک نہیں لگ رہی۔ شوہر: اوہ! **میں تو** شاپنگ پر جانے کا سوچ رہا تھا۔

> بيوى: ميں تومذاق كرر بى تقى۔ شوہر: ميں بھى مذاق كرر ہاتھا۔ چل اُ ٹھردو ٹى پكا



سينڈائير(M)

پولیس اور اس کا بیٹا

پولیس والااپنے بیٹے سے ''تمہارارزلٹ بُراآیا ہے آج سے تمہارا کھیلنا اور ٹی وی دیکھنا بند'' بیٹا: یہ 50روپے پکڑ واوراس بات کو یہی ختم کردو۔



<ul> <li>انسان کا خاموش رہنا، اس کو بہت ی مصیبتوں سے بچا لیتا ہے۔</li> <li>دوست بنا آسان ہے کیکن دوستی نبھانا مشکل ہے ۔</li> <li>عقلند سوچ کر بولتا ہے اور بیوقوف بول کر سوچتا ہے۔</li> <li>عقرند سوچ کر بولتا ہے اور بیوقوف بول کر سوچتا ہے۔</li> <li>عقرند سوچ کر بولتا ہے اور بیوقوف بول کر سوچتا ہے۔</li> <li>عقرند سوچ کر بولتا ہے اور بیوقوف بول کر سوچتا ہے۔</li> <li>یاد آئیل کی وہ مجھے دن تیر ے ساتھ گز رے ہوئے</li> <li>یاد آئیل کی وہ مجھے دن تیر ے ساتھ گز رے ہوئے</li> <li>ایک ایک لیے کو یا دکر کے جب رووں گی میں</li> <li>ایک ایک لیے کو یا دکر کے جب رووں گی میں</li> </ul>
عقلندسوچ کربولتا ہےاور بیوقوف بول کرسوچتا ہے۔ حدیفہ خان یادآ سینے وہ مجھودن تیر ے ساتھ گزرے ہوئ یادآ سینے وہ مجھودن تیر ے ساتھ گزرے ہوئ ایک ایک لیے کویاد کر کے جب رووں گی میں
حدیقہ خان یادآ سینگے وہ مجھے دن تیر سیاتھ گزرے ہوئے یادآ سینگے وہ مجھے دن تیر سیاتھ گزرے ہوئے ایک ایک لیچکویاد کر ہے جب روؤں گی میں
یادآ نین وہ مجھودن تیر ساتھ گزرے ہوئے یادآ نین وہ مجھودن تیر ساتھ گزرے ہوئے ایک ایک کمیح کویاد کر ہے جب روؤں گی میں
یادآ نینگے وہ مجھےدن تیرےساتھ گزرے ہوئے ایک ایک کمبحکویاد کر کے جب روؤں گی میں
ایک ایک کمحکویاد کر کے جب روؤں گی میں
ابحالج!
یادآ ئینگے وہ جھےدن تیرے ساتھ گزرے ہوئے
م <u>لیحپر جب کہتی تقلق مجھ</u> ے
شاباش!تم نے آج ٹیسٹ اچھادیا
ابے الحج!
یادآ ئینگے وہ مجھےدن تیرےساتھ گزرے ہوئے
وہ صبح کے چھ بجنا
اورمیٹھی نیپندے اُٹھنا
ال_كالح_ا
یادآ نینگے وہ مجھےدن تیرےساتھ گزرے ہوئے
ممکن نہیں میر اچھوڑ کے جانا تخصے
ابے الحج!
یادآ نینگے وہ مجھےدن تیرےساتھ گزرے ہوئے
مگرکہنا پڑر ہاہے آج الوداع تخفی
الے! الحجا
یادآ نینگے وہ مجھےدن تیرے ساتھ گزرے ہوئے

ر احادیث ، اقوال زریں ، آیت ایرینی عذالہ میں دیہ ہے سول اللہ علق کو

سیدناعثان بن عفانؓ سے روایت ہے کہ رسول اللہ علیق نے فرمایا:''جس آ دمی نے اچھی طرح وضو کیا تو اس کے تمام اعضاء کی خطا کیں جھڑ جاتی ہیں۔ (صحیح مسلم)

لائتبهناز

- مومن وہنہیں جو خود پیٹ بھر کر کھائے اور اس کے پہلو میں
  اس کا ہمساہ یہ بھوکا رہے۔ (شعب الایمان)
- اللد تعالى جس كے ساتھ بھلائى كاارادہ كرتا ہے توات دين كى سمجھ عطا كرتا ہے۔(بخارى)
  - جواللہ کی راہ میں روزہ رکھے اللہ اس سے جہنم کی آگ ستر سال کی مسافت کے بفتر ردور کردیتا ہے۔ (مسند احمد)
    - 🕨 سحری کھاؤسحری میں برکت ہے۔(بخاری)
  - دنعتیں ایسی ہیں جن میں اکثر لوگ خسارے کا شکار ہیں: محنت اور فراغت
- جس نے علم نجوم سے پچھ حاصل کیا اس نے جادو کا ایک حصہ حاصل کیا۔(ابوداؤد)
- ابن آدم بوڑھا ہوجا تا ہے لیکن دو چیزیں اس میں جوان رہتی ہیں مال اور عمر کی حرص ۔ (مسلم)
  - کمزورلوگوں کی وجہ سے اللتہ مہیں رزق دیتا ہے اور تمھا ری مدد
     کرتا ہے۔(بخاری)
  - فضول خرچی مت کرو فضول خرچی کرنے والے شیطان کے دوست بیں۔(الاسراء)

اسلام کی خوبصورتی اس میں ہے کہ آ دمی لا یعنی چیز وں کوچھوڑ دے۔(ترمذی)

عروج سحرابرار فرسٹائیر(P) سيكنڈا ئير (M) فريادنامہ جارخطرناك فحتل امتحانی ہال میں تنحق لگا دیتے ہیں لوگ جانے بی<sup>ر</sup>س جرم کی سزا دیتے ہیں لوگ 🛠 زیادہ سوچنے سےخوشیوں کاقتل ہوتا ہے۔ الح خوف کی وجہ سے حوصلے کاقتل ہوتا ہے۔ جیب میں نقل لانے کے ماہر ہوتے ہیں لوگ 🛠 🛛 حجفوٹ بولنے سے اعتماد کاقتل ہوتا ہے۔ آ جکل لکھائی کو سیا ہی بنا دیتے ہیں لوگ الله شك كرف سے رشتوں كاقتل ہوتا ہے۔ آپ کرتے ہیں گلہ امتحان میں نقل کا حضور! اب تو نقل ہاتھ میں رکھ کے پر چہ دیتے ہیں لوگ مسکین بی بی اچىھىسوچ فیل کرتے ہیں چھپاتے ہیں نقل ہاتھوں پہ لکھ کر اور پاس ہو کر قابلیت کا چر چا لگا دیتے ہیں لوگ گھرکے مقابلے میں درواز ہ چھوٹا ہوتا ہے۔ دروازے کے مقابلے میں تالا چھوٹا ہوتا ہے۔ جواب لکھتے ہیں کسی اور سے دیکھ کے اورتالے کے مقابلے میں چاپی چھوٹی ہوتی ہے۔ مگران سے اپنے پر چے نمایاں بنا دیتے ہیں لوگ لیکن وہ ایک چھوٹی سی چابی،سارے گھر کوکھول سکتی ہے۔ ہم اگر ان سے کہیں سوال کا جواب جا ہیے اسی طرح ایک پائیداراورا چھی سوچ بڑے سے بڑے اپنی طرف سے بھی سنا کر فیل کرادیتے ہیں لوگ مسائل کوحل کر سکتا ہے۔ ما نکتے ہیں نقل اگراپنے دوستوں سے زاہد سب ألٹاد کھا کراحسان مند بنادیتے ہیں لوگ۔

ر ثناء خليل

# (PMDC Boys Swabi)

GOLDEN WORDS Haseeb Ullah P.E-XI, F.Sc

- The Logic of our mind is so strong. We Look for compromise when we are wrong. But we look for justice when others are wrong.
- Life is like a book of three pages. First page is birth and the last is death centre page is empty. its depends on you how do you fill your page.
- Life is chemistry. Just dilute so your sorrows. Evaporate your worries, filter your mistakes, boil your ego, you will get clear crystal of happiness.

#### GOLDEN WORDS Naveed Khan P.E-XI, F.Sc



- Difficulties are needed in life to enjoy the success.
- Everybody is a genius, but if you judge a fish by its ability to climb a tree, it will live its whole life believers that it is stupid.
- Darkness can not drive out darkness, only light can do that flate can not drive out hate, only love can do that.
- I am thankful for all of those who said no to me it is because of them I am doing myself.

#### GOLDEN WORDS M. Atif XI, Pre Medical



- No One notices your Tears, No one notices your pain, No one notices sadness, But everyone will notice your mistakes.
- When a thing disturbs the peace of your Heart, Give it up. Prophet Muhammad (Saw).
- Some relationships are like Tom and Jerry They Tease each other, knock down each other, Irrigate each other, But can't live without each other.

# QUOTES



M. Naveed Igbal

XI Pre Medical.

- Luck Shows the road to you and your hard work leads you towards you success.
- Act different, think different and show the result different from others because you are different from others.
- Never tell anyone your plans, Show them your results instead.
- Do not be the person who needs someone, Be the Person someone needs.
- Spread love everywhere you go, Let no one ever come to you without leaving happier.

### GOLDEN WORDS S. Ishaq Ali Shah XI-PM

- Allah hears every unspoken word, Sees every unseen wound, and mends every unbearable Pain.
- If your legs can't take you to prayer then how do you expect them to carry you to paradise.
- Don't worry about other people opinion about you. Allah never told you to "Impress" people only to "Love" and "Care" for them.
- Problems are like Balloons we let them unnecessarily blow up.
- Great minds discuss ideas, average minds discuss, events, Small minds discuss people.

### GOLDEN WORDS M. Nouman



- You can Photoshop your ugly face but you can't Photoshop your ugly personality.
- Success hugs you in private but failure always stops you in public.
- Knowledge comes from learning, wisdom comes from living.

PMDC, Newsletter, April 2019

# GOLDEN WORDS ijlal Sarwar



Don't cry over the past, It's gone.
 Don't stress about the future, It hasn't arrived live in the present and make it beautiful.

#### DO YOU KNOW THAT?

A baby can hear sounds before it is born.

A few unusual plants that grow in marshy places eat insects and other small animals.

There are more than 14,000 different kinds of voice.

Diamond is the hardest material in the world.

Count volta, an italian, invented the first battery in 1780.

The world's longest tug of war lasted 2 hours 41 minutes.

The tallest person in the world is 235 centimeters tall.

The Shortest person is 65 centimeters tall.

The oldest plant in the world is a pine tree in sweden it is over 10,000 years old.

 A Science teacher tells his class.
 Oxygen is must for breathing and life it was discovered in 1773. A blind student responds Thank God, i was born after 1773 otherwise I would have died without it.

### BEST FRIENDS Nauman Ali

 True friends have the most unique character like salt.



- Their presence is never remembered But their absence make all the things Tasteless.
- Truth is like a surgery it hurts but it cures. A lie is like a pain killer, it gives you instant relief but it has its side effects later.
- Socrates Said: Yesterday I was clever so I wanted to change the world. But today I am wise so I am changing my self.



#### POSSIBILITIES Muhammad Musa (P.E - XII)



- All our dreams can come true if we have the courage to pursue them.
- It's a kind of fun to do impossible.

### GOLDEN WORDS Shah Fahad

If you can salute your duty, you need not to salute everyone. But if you pollute your duty you have to salute everybody. "Be honest in your duty" **OUR NATIONAL FLAG...** 

Every country has a flag, we too have a flag. Our national flag is green & white with crescent & star in it. The white color stands for the minorities. The crescent means progress. The Star stands for light & learning. Our flag is stand for the unity of the people. We hold the national flag on all the important buildings.



## **A LITTLE SEED**

A little seed for me to sow A little soil to make it grow A little hole , A little pot A little wish and that is that A little sun , A little shower A little while and a flower

### Asma Bibi

### **COLLEGE LIFE**

Most Irritating Moments "Morning Alarm"

Most Difficult Task; "To Find Socks"

Most Dreadful Journey "Way To Class"

Most Loudly Time "Meeting Friends"

Most Tragic Moment "Surprise Test In 1st Period"

Most Wonderful News; "Teacher is Absent"

Hajira(1st Year)

### Life is Chemistry

Just "Dilute" your "Sorrows". "Evaporate" your "worries". "Filter" your "Mistakes". "Boil your "ego". You will get clear "crystals" of "Happiness".

# (PMDC Girls Swabi)

**GOLDEN WORDS** 

Article By



- Your problems are not punishment, they are wake-up calls from a loving God.
- Prayers isn't for Allah, its for you because Allah doesn't need you but you need Allah.
- A silent pray is seventy times better than a loud ones.
- No one want to change himself everyone wants to change the humanity.
- Life is like a piano, white keys are happy moments and black ones are sad. Both key play together to give us the sweet music called life.

**Aiman Naseer** 

# **GREAT SAYINGS....**

- The biggest risk is not taking any risk. In a world that is changing really quickly, the only strategy that is guranteed to fail is not taking risks. (Mark Zukerberg)
- The fastest way to change yourself is to hangout with people who are already the way you want to be. (Reid Hoffman)
- When you find an idea that you just can't stop thinking about that's probably a good one to pursue.(Josh Jamse)
- The most valuble thing you can make is a mistake you can't learn anything from being perfect. (Adam Osborne)
- It's fine to celebrate success but it is more important to heed the lesson of failure. (Bill Gates)

Haleema Sadia

### **THREE THINGS ALWAYS REMEMBER**

- Three things to love (Courage , Gentleness, sincerity)
- Three things in life never be lost (Peace , Hope, Honesty)
- Three things in life that can destroy a male & female (Anger , Pride, Alcohol)
- Three things in life that are never certain (Dream , Success , Fortune)
- Three things in life that once go never come back (Time , Words , Opportunity)

Laiba Iqbal

PMDC, Newsletter, April 2019

### LAZY MAN'S QUIZ:

- Which letter is an insect ?
   (B) BEE
- Which letter is a bird ?
   (J) JAY
- Which letter is the part of body ?
   (I) EYE
- Which letter is a sleep ? (U)EWE
- Which letter is a vegetable?
   (P) PEA
- Which letter is the body of water ?
   (C) SEA
- Which letter is a beverage?
   (T) TEA
- Which letter asks a question? (Y)WHY

Jawairya Nazir XI-PM

### **GOLDEN WORDS**

### Ignore those people who talk about you behind your back.

 Life is like a piano white keys are happy moments and black ones are sad moments both keys are played together to give us the sweet music called life.

Aiman Naseer

- Your problems are not punishment They are wake up calls from a loving God.
- Prayer isn't for Allah it's for you Allah does't need you ,you need Allah.
- + A silent pray is seventy time better than a loud one.
- No one wants to change himself everyone want to change the humanity.

# **DO U KNOW?**



 When one door closes, Another opens But we often look so long and so regretfully upon the closed door that we do not see the one that has opened for us.

Don't wait for the right oppurtunity, create it. Sometimes the most powerful thing you can say i nothing at all.

Jalwa Anwar

# **Golden Words**



- Your Problem are not punishment they are wake-up calls from a loving God.
- ◆ 99% of our problems are created by 1% our problem are created by 1% of our carelessness.
- So, be careful while taking each and every decision in your life. (Ranipet-M.Ranjith Kumar)
- Education is the most powerful weapon which you can use to change the world.
- When you fly high people will throw stones at you. Don't look down just fly higher. So, the stones won't reach you.



# WHAT IS LIFE?

- Life is a football match never mind the kicks of people because without kicks we may never reach to the goal.
- Silence is the best answer for all questions.
- Smiling is the best reaction to all situation.
- Always love your mother because you will never get another.
- The biggest mistake by most human being that listening half, understanding quater ,telling double .

Hina Zahid

# THE HOLY QURA'N



41

The holy Qura'n is our religious book. God has revealed it to our Holy Prophet (P.B.U.H). Being muslim we do believe in it. It consist of 30 'paras', 114 'surah' and 9 'manzals'. There are 6,666 'ayats' in the holy Qura'n. It has 7,27,000 letters. The 1st surah in holy Qura'n is "SURAH-E-FATIHA" and the last surah is "SURAH -E-NAS". The longest surah is "SURAH-E-BAQRA" and the shortest surah is "SURAH-E-KAUSAR".

Sadaf Gulalai 1st Year



### **Peace of Mind**

- How do you get peace of mind praying to God helps and being blind.
- You have to face the problem head on, Even the most difficult things in life can seem to far gone.
- Always remember there is hope and you shall see, there is a light at the end of the tunnel that will set you free.
- Once you took the problem at hand.
- Then all whom is weak will not take a stand.
- Against someone who is trying to have peace.
- That is when most likely you will see them cease.
- Which is why the fight for peace has been so hard, It is because people like me let it get to

#### Sohana Altaf XI-PMP

# **Golden Words**



M A

Т

Н

E M

> A T

> > 1

С

S

- At the Banks, I told the cashier,
   "I'd like to open a joint account, Please".
   "ok, with whom?
   "whoever has a lots of money".
- If a women repeats what you just said in the form of question don't worry, but you will be dead soon.
- The Human Brain is awesome it functions 24 hours a day from the day we are when we are taking an exam.



# **Golden Words**



The smile on my face doesn't mean my life is perfect, It means I appreciate what I have and what God has blessed me with.

Kainat Ihsan 1st Year, P.E

## **Golden Words**



- Time isn't the main thing. It's the only thing .
- Challenges are what makes life interesting and overcoming them is what makes life meaningful.
- Education is the passport to the future, for tomorrow belongs to those who prepare for it today.
- In every life we have some troubles, But when you worry you make it double.

#### Laiba Hassan F.Sc (i)

### **Mathematics**



Marvelous	Multiplication	
Alluring	Arithmetic	
Tantalizing	Tangrams	
Hypnotizing	Hypotenuses	
Enticing	Equations	
Mesmerizing	Monomials	
Amazing	Angles	
Thrilling	Trigonometry	
Inventive	Inequalities	
Creative	Coordinates	
Sassy	Sums	
Muneeba Yousaf		

### **Education**

F.Sc (I)P.E



Education is the best friend, An educated person is respected everywhere. The function of education is to teach one to not think intensively and to think critically, Intelligence character that is the goal of true education. Education is the movement from darkness to light.

Sawaira Shah

### **Forever in our Hearts**

- Fill not your hearts with pain and sorrow but remember me in every tomorrow.
- Remember the joy, the laughter the smile.
- I' ve only gone to rest a while.
- Although my leaving causes pain and grief my going has eased my hurt and given me relief.
- So dry your eyes and remember me not as I am now but as I used to be,
- I will remember you all and look with a smile understand in your hearts.
- I've only gone as I have the love of each of you, I can live my life in the hearts all of you.

### Golden Words

Be who you are and say what you feel because those who mind don't matter and those matter don't mind. "Dr. Seuss"

> Hajira Sc-I (Pre Medical)

### **Human Physiology**

- The largest organ of the body. (Skin)
- The total No. of bones in adult.
   (206)
- The largest gland in body. (Liver)
- The largest bone in body. (Femur)
- The smallest bone in body. (Stapes)
- Total No. of muscles in body. (600)
- The filter of the body. (Heart)
- Average total volume of blood in adult. (45.5L)
- The Total No. of bones in face.
   (14)
   Jawariya Nazir
   F.Sc-I (Pre Medical)

Joke

**Teacher :** I killed a person convert this sentence into future tense.

**Student:** The future tense is you will go to jail.

### Friendship

Friendship is like a snow ball easy to make but hard to keep.

# **Golden Words**

I will not say I failed 1000 times. I will say that I discovered there are 1000 ways, that cause failure.

Only few think but all have opinions.

Don't study to learn, study to learn, what you learn today is what you will become tomorrow.

Today a reader, Tomorrow a leader.

Coins always make sound but the currency notes are always silent, so when your value increases. Keep your self calm and silent.

### Lazy Man Quiz

- Which letter is an insect?
   Bee (B)
- Which letter is a bird? Jay (J)
- Which letter is the part of the body?
   Eye (I)
- Which letter is a sheep?
   Ewe (U)
- Which letter is a vegetable?
   Pea (P)
- Which letter is the body of water?
   Sea (C)
- Which letter is a beverage? Tea (T)
- Which letter asks a question?
   Why (y)

Jawariya Nazir F.Sc-I (Pre Medical)

# **ARTICLE BY** (PMDC Boys/Girls Haripur)

### **GOLDEN WORDS**

"A lot of problem will be solved if people learn about "Talking to each other" instead

of "talking about each other"

"Lucky people get opportunities brave people create opportunities the real winners convert their problem to opportunities"

"Snake has poison in its teeth. Dog in its tongue, scorpion in its tail.

Its only humans who have problem in their words"

"No one makes a lock without key, that is why Allah won't give you problems without solution"

"Life is chemistry just a little your worries filter your ego you will get clear crystal of happiness"

"How strange is the logic of our mind.We look for compromise when we are wrong but we look for justice when others are wrong?"

"Mistake is a single page in a book friend ship is a book so don't lose a full book for a single page"

#### **Mahnoor** 1st year (Pre-Medical)

اچھی باتیں

''ایش<u></u> خص کودوست رکھوجو نیکی کرکے بھول جائے'' (سيدناابوبكرصديق)

· · موت کو ہمیشہ یا درکھومکرموت کی تمنا ہر گزنہ کرو' ·

(سيدناعمرفاروق ")

''انسان زبان کے بردے میں چھیا ہوا ہے' (سيدناعثان ذوالنورين ")



# Life is like a Garden so enter this and pluck the flowers of success

LEARNING gives Creativity, CREATIVITY leads to Thinking, THINKHING provides Knowledge, KNOWLEDGE makes you great. All birds find shelter during a rain, but Eagle avoids rain by flying above the clouds.

Problems are common, but attitude makes the difference

"You can never change by fighting the existing reality. To change something, build a new model that makes the existing model absolute".

> Vaneeza Sajjad 1st Year Pre-Engineering

> > LIFE

Life is like a book of three pages? First page is "Birth" and the last page is "death" Center page is "empty" it depends on you how do you fill your page.

Good relation are just like water No colour, no taste, no shape but still very very important for life.



PMDC, Newsletter, April 2019



### **OBITUARY**





Driver Jamshed Khan was inducted in Peshawar Model Degree College Mardan way back on 1st-July-2011. He served the college with utmost truthfulness, dedication, Honesty, and love. He has been popular among students, faculty and administration alike. As supervisor he performed lots of duties with utmost responsibility. But Unfortunately, he could not survive of pneumonia and passed away on 12th-Jan-2019 leaving his family Members and friends in grief A sorrow. May his soul be in rest and peace. Aameen

# **MISSIONS AND VISIONS OF OUR HEADS**

#### Group Captain Kamran Ahmad, PAF (Ret'd)

#### Principal, PMDC (Boys) Peshawar

I believe and practice missionary zeal in education using modern gadgets and techniques by recognizing true patriots who sincerely desire to bring about long awaited change in the national life of Pakistan. My educational vision always demands students' wholesome grooming and piping them out for leadership in every walk of life. It is the inspiring leader who can succeed in moulding their countrymen into strong, vibrant and progressive nation.

#### Ms. Saiqa Saqib

#### Principal, PMDC (Girls) Peshawar

My aim as the principal is to provide all my students holistic education, that develops the whole person, their mind, body heart and spirit. In the process of learning they are able to discover their full potential and live a purposeful and fulfilling life.

#### Mr. Aamir Ullah Khan

#### Principal, PMDC (Boys), Hayatabad

"I want to align the teaching - learning processes with the shifts in the modern world, by introducing innovative methods. Apart from producing academic excellence as PMEI is doing over the years, I want to make my students true professional by making college life filled with memorable experiences through co-curricular and extra curricular activities".

#### Ms. Tahira Abbassi

#### Principal, PMDC (Girls), Hayatabad

Qualification is a certification that qualifies a person to apply for a job in a particular field while education makes all the difference in the quality of life of an individual. To groom our youth with a balanced personality is the objective we are striving hard to realize. May Allah help us succeed in this endeavour. (Amin)

#### Mr. Faiz Ilahi

#### Principal, PMDC (Boys), Mardan

Education is the new paradigm is a science of revealing latent potential of the students. I am determined to provide our students with excellence in teaching and learning and to ensure that all students experience success. Through community connectedness, students develop a love of learning allowing them to become self-motivated, curious and tolerant citizens of Islamic Republic of Pakistan. All teachers committed to share the responsibility of the academic success and well being of all students with in the learning community.

#### Ms. Shamim Shaukat

#### Principal, PMDC (Girls), Mardan

As a College Principal it is my mission to facilitate based on teachers and taughts to lead a fruitful and fulfilling life. Being a Muslim we should build a strong foundation in knowledge and wisdom. I hope that my teaching staff will dedicate their professional awareness to help students explore and develop their potential, nurture broader vision, and cultivate a caring and disciplined life. (Inshah Allah)

#### Mr. Fazal Naz Khattak

#### Principal, PMDC (Boys), Swabi

My aim is to uphold the innovative vision of the founders of PMDCs to offer a truly unique educational experience, which focuses on to empower students to acquire, demonstrate, articulate and value knowledge and skills that will support them, as life-long learners, to participate in and contribute to the global world and practice the core values of the PMDCs.

### Ms. Shaista Suleman

#### Principal, PMDC (Girls), Swabi

As an educationist and administrator my aim is to promote our institution for the utmost standard of learning modern days requirements, conceptual wise as well as academic wise. I personally emphasize on conceptual mentality, extracurricular activities for mental, physical health and leadership qualities, which unfortunately lacks in our present-day educational environment. Secondly always concentrate on the promotional attitude for my staff to equip them with concurrent educational requirements and needs.

#### Mr. Mujahid Ali Shah

#### Principal, PMDC (Boys/Girls), Haripur

I believe that educators have the power to change the direction of young lives and have a positive effect on the lives of future generations. Learning is a joyous and never ending process that leads to successful living and has a positive impact on our families and communities. As a college principal, I am ultimately responsible for the learning, safety, and emotional growth of our students and teachers. Our mission is to prepare each student academically, socially, and emotionally for successful living. Working together we can provide the possible education for all of our children.























### **OBITUARY**





Driver Jamshed Khan was inducted in Peshawar Model Degree College Mardan way back on 1st-July-2011. He served the college with utmost truthfulness, dedication, Honesty, and love. He has been popular among students, faculty and administration alike. As supervisor he performed lots of duties with utmost responsibility. But Unfortunately, he could not survive of pneumonia and passed away on 12th-Jan-2019 leaving his family Members and friends in grief A sorrow. May his soul be in rest and peace. Aameen







- PMDC (Boys), Peshawar City. Tel : 091-2920472-4, 2609663-4
- PMDC (Boys), Mardan Tel: 0937-843240-1
- PMDC (Boys), Haripur Tel: 0995-321067-9
- PMDC (Girls), Peshawar City. Tel: 091-2041216, 2651168
- PMDC (Girls), Mardan Tel: 0937-861816-7
- PMDC (Girls), Haripur Tel: 0995-321067-9
- PMDC (Boys), Hayatabad Tel: 091-5811041, 5837304-5
- PMDC (Boys), Swabi Tel: 0938-280342-3
- City University of Science & IT (CUSIT). Ph: 091-2609501-8
- PMDC (Girls), Hayatabad Tel: 091-5854401-4
- PMDC (Girls), Swabi Tel: 0938-280382-3
- Email:pmdc@cusit.edu.pk, Website: www.cusit.edu.pk/pmdc

