

PESHAWAR MODEL DEGREE COLLEGES

UNDER THE PATRONAGE OF
 **CITY UNIVERSITY**
OF SCIENCE & INFORMATION TECHNOLOGY, PESHAWAR

NEWSLETTER

Vol-07, April 2022



 **PMDC (Boys) Peshawar**
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 **PMDC (Boys) Hayatabad**
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 **PMDC (Girls) Hayatabad**
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 **PMDC (Boys) Mardan**
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 **PMDC (Girls) Mardan**
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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



PESHAWAR MODEL DEGREE COLLEGE (BOYS)

DALAZAK ROAD, PESHAWAR



اِنَّا لِلّٰهِ وَاِنَّا اِلَيْهِ رَاجِعُونَ

OBITUARY



Professor Qaiser Zaman was recruited as a lecturer in Biology BPS 17 at Peshawar Model Degree College (Boys) Dalazak Road, Peshawar, on 19th July, 2019. He served with utmost dedication and commitment that bought him name and fame among the colleagues, students and College Management. Unfortunately he was destined to lose his life on 25th February, 2021 due to cancer. May his soul rest in eternal peace.



Malik Shehryar Naveed one of our promising students of class 2nd year PM-M is no more with us. He met a road accident while riding bicycle on 18th March, 2022. He was hospitalised for 8 days but due to severe injuries he couldn't survive.

May his soul rest in peace

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MESSAGE FROM

Muhammad Sabur Sethi

PRESIDENT

City University of Science &
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MANAGING DIRECTOR Peshawar Model Degree Colleges

By the grace of Allah Almighty, the management of Peshawar Model Degree Colleges is striving hard to instill PMDC students with academic excellence and good values to make them respectable citizens of Pakistan. Highly qualified teaching faculty, state-of-the-art science & computer labs and well-equipped libraries besides transport facility and spacious sports fields augment to ensure students wholesome grooming. The Newsletter in hand amply projects achievements of PMDCs at Peshawar, Hayatabad, Mardan and Haripur.

Our education system at all our colleges embrace the students belonging to every class of society specially lower strata which is being accommodated through Goodwill Scholarships, City University Talent Scholarship and outstanding students among the enrolled through merit scholarships. By the virtue of scientific developments and parents' positive feedback, the education system of PMDCs is being refurbished to enhance students' competency in their future professional life.

I look forward to your response, welcome your suggestions and wish the best of luck to every one associated with Peshawar Model Degree Colleges.



MESSAGE FROM

Muhammad Sohail

DIRECTOR

Peshawar Model Degree Colleges

I feel extremely honoured and privileged to be a part of this glorious educational institution and proudly acknowledge the service of its dedicated faculty and staff, ever supporting parents and the whole fraternity for molding young into minds generations.

We are living in a fast changing world that brings many opportunities as well as challenges. To combat all the obstacles and altering trends of these unpredictable times, one requires the right kind of attitude. Here at PMDC we believe in preparing our students to evolve with the rapidly changing world, training them to meet the challenges ahead with confidence and dedication. Our goal is to make learning an experience for every student that walks through the gates of PMDCs, making sure every student is well-equipped and contributing citizen of this society before we bid them farewell.

My role as a director would be to provide leadership, direction and co-ordination within the institution. Keeping my main focus to develop and maintain effective educational programs and to promote maximum teaching and learning. I will make sure that the students make the best out of their experience here, focusing more on their academics, curricular, co-curricular and extra-curricular activities. Your involvement in your child's education will be an encouragement for us and will have strong impact on their success.

I welcome you all to this well reputed institution of higher learning, assuring you of a nurturing, caring and competitive environment that will make you feel proud and empowered.



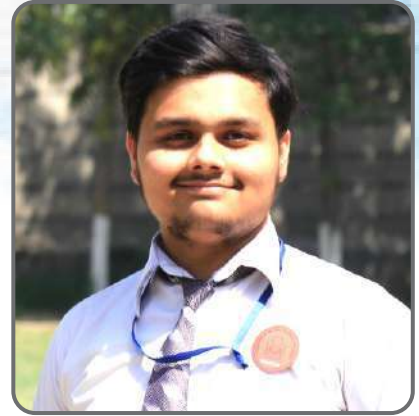
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Asstt Prof. Nafees Ahmad
(Staff Editor, Urdu)
PMDC (Boys) Dalazak Road, Peshawar.



Saqib Khan
(Student Editor)



M. Faran Ali
(Student Editor)

Distinguished Readers, Assalamu' Alaikum Warahmatullahi Wabarakatuh

We are glad to be the editors of PMDCs 7th Newsletter. We thank Almighty Allah for blessing us with such an honour. Besides, we are thankful to PMDC and the teachers who have always trusted and encouraged us to take part in such creative activities.

Our dear friends, as you know PMEIs provide an atmosphere where students mould themselves to shape their future and fly up their dreams. It prompts us to discover our hidden talents and creativity through a variety of co-curricular and extra-curricular activities. Now, the institute has given a big shot to the writers to pen down their thoughts through literary pursuits.

The 7th volume of this newsletter has illuminated some notable achievements and recreational experiences. We are deeply thankful to the Director Colleges and Principals of PMDCs for their assistance throughout the composition of this newsletter. We are really grateful to all our loving friends for their contribution by sending motivational and entertaining articles for publication. We pray for the future editors to put forth the best material for the readers.

May Allah (SWT), help you all to achieve your aims of life.



Honour Board 2021 Peshawar Model Degree Colleges

Peshawar Model Degree Colleges have earned many distinctions and have been ranked among well reputed colleges. Every year in the Board examination results, name of Peshawar Model Degree Colleges is raised on victory stand. This roaring success has been chalked up after a great deal of conscientious efforts of principals, enthusiastic contribution of faculty and ceaseless hard work of students. We also appreciate parents' cooperation who took keen interest and maintained close interaction with Administration in the best interest of their wards.

Position	Name	Marks
1st	Khusboo Ajmal	1084
2nd	Muhammad Okasha Alam	1074
3rd	Syeda Anmol	1072
4th	Muhammad Hassaan	1070
	Alveena Nayab	1070
5th	Sulaima Naseer	1064
	Ahmad Saeed	1064
6th	Sohaib Khan	1062
7th	Amna	1060
	Nida Sarwar	1060
8th	Habiba Amin	1058
	Aleena Khan	1058
	Rida Faisal	1058
	Manahil Ali	1058
	Muhammad Nasir	1058
	Hasnain Khan	1058
9th	Uzair Idrees	1056
10th	Neha Ahmed	1052
	Abuzar Khan	1052
	Zaka Ullah	1052
	Kaloom Rafique	1052
11th	Mudassir Fayaz	1050
	Malaika Sameem	1050
12th	Iqra Ali	1048
	Muhammad Hasnain Pirzada	1048
13th	Mahnoor	1044
14th	Hoor-E-Arab	1042
	Sheema	1042
	Shayan Waheed	1042
	Muhammad Umar Alam	1042
15th	Nimra Gul	1038
	Maham Sana	1038
	Mishal Fatima	1038
	Zikra Riaz	1038
	Muhammad Ibrahim Khan	1038

Position	Name	Marks
16th	Munazza Ihsan	1036
	Faryal Ahmad	1036
	Musa Bin Qasim	1036
	Amna Akbar	1036
	Abdul Samad	1036
	Wajahat Ullah	1036
	Bakht Nihal Khan	1036
17th	Ayesha Eman Khan	1032
18th	Areej Tahir	1030
	Alishba Mustafa	1030
	Syedda Hina Shah	1030
	Munsif Jan	1030
19th	Izaz Ahmad	1030
	Malaika Arshad	1028
	Zonisha Zia	1028
	Takreem Sami	1028
	Javeria Rasheed	1028
	Muhammad Haris	1028
	Shaban Zaman	1028
	Hammad Khan	1028
20th	Muhammad Sadeed	1028
	Sumayya Ayub	1026
	Muskan Saeed	1026
	Areeba Malik	1026
	Ayat Rahim	1026
	Muhammad Salman	1026
	Samiullah	1026
	Yasir	1026
	Muhammad Shahbaz	1026
	Aizaz Muhammad Humayun	1026
	Muhammad Sahab Khan	1026
	Arshad Ali	1026
	Inam Ullah	1026
	Zahan Ahmad	1026

Qirat & Na'at COMPETITION

Peshawar Model Degree College (Boys)
Dalazak Road, Peshawar

Naat & Qirat competition was conducted on 14th October, 2021 at Peshawar Model Degree College (Boys) Dalazak Road, Peshawar. Students from PMDC Peshawar, Hayatabad, Mardan and Haripur participated. The winner of Naat competition was **Muhammad Faran Ali** of PMDC (Boys), Dalazak Road Peshawar while the winner of Qirat contest was **Muhammad Noman** of PMDC, Dalazak Road Peshawar.



Prize Distribution Ceremony

Peshawar Model Degree College (Boys)
Dalazak Road, Peshawar

Thrilling Prize Distribution Ceremony was organized for EX- PMDCians of session 2021 at Peshawar Model Degree College (Boys) Dalazak Road, Peshawar. The Chief Guest of the ceremony was Professor Rashid Saeed, the then director PMDCs. In this ceremony, those students who scored 1000 plus marks in the Annual Examination of BISE Peshawar and those who scored outstanding in NMDCAT were invited at the college along with their parents. They were awarded trophies and certificates by the Chief Guest. The Principal of Peshawar Model Degree College (Boys) Dalazak Road, Peshawar was also present at the moment.



ADLA

(After Dinner Literary Activity)

This was a night gathering, organized for the hostel students of Peshawar Model Degree College (Boys) Dalazak Road, Peshawar on 27th February, 2021. Principal, vice principal, faculty members and students attended the ADLA. Different activities like parody, funny poetry, skits, jokes and pashto tappi were the part of the festivities. It was a memorable night for the hostel students.





VISIT TO PESHAWAR MUSEUM

An educational trip for students was arranged to Peshawar Museum by Peshawar Model Degree College (Boys) Dalazak Road, Peshawar for students in January 2022. They took great interest in the historical artifacts, mostly related to Gandhara Civilization. The college faculty also accompanied the students and guided & enlightened them with historical importance of items displayed there. To make their trip memorable, the students took pictures with the historical monuments of different civilization. It was a learning experience for the students.



welcome PARTY

Peshawar Model Degree College (Boys)
Dalazak Road, Peshawar

As per a sweet tradition of Peshawar Model Degree College (Boys) Dalazak Road Peshawar, a grand welcome party was arranged for students of PMDC (Boys) Peshawar and Hayatabad. Different stalls of fast foods, cold drinks were installed. Dance segment, stage performances and thrilling sound system, all these added colours to the party. Students from other campuses of Peshawar Model Degree Colleges also enjoyed the party.



GRAND SPORTS GALA

PMDCs Peshawar | Hayatabad | Mardan | Haripur

Annual Sport Gala 2022 was celebrated on 7th, 8th March, 2022 at Peshawar Model Degree College (Boys) Dalazak Road Peshawar. Professor Nasrullah Khan, Chairman Board of Intermediate and Secondary Education Peshawar graced the occasion as Chief Guest. The opening ceremony was worth seeing when the ribbon cut by Honourable Director Colleges and a colourful bunch of balloons were blown up in the air. Students from Peshawar Model Degree College (Boys) Dalazak Road Peshawar, Hayatabad, Mardan and Haripur participated in the Gala. This Gala was the blend of miscellaneous indoor and outdoor games like Cricket, Football, Volleyball, Badminton, Table Tennis and athletics. A big number of enthusiastic players participated in the Gala. After the nail biting competition the energetic and vigorous turned victorious. The Chief Guest gave away trophies to the winners and certificates to the runner up. In the end the Chief Guest addressed and appreciated the efforts and sportsmanship of the players and their coaches.



GLIMPSES OF SPORTS GALA





Peshawar Model Degree College (Boys) Dalazak Road, Peshawar



EXCURSION TOUR TO MURREE / NATHIAGALI

A recreational tour is the most awaited part of the academic calendar, trip to Nathia Gali and Murree was planned for the 1st year students by Peshawar Model Degree College (Boys) Dalazak Road, Peshawar. It was two nights and three days trip. The magical sceneries and the snow-capped mountains of Murree attracted the students who captured the natural beauty of the region in their cameras.



EXCURSION TOUR TO LAHORE

Lahore is the heart of Pakistan. The city of paramount historical importance and worth seeing. Peshawar Model Degree College (Boys) Dalazak Road arranged a recreational trip to Lahore for the 2nd year students. It was a four day trip under the supervision of their professors. They visited Fortress Stadium, Wahgah Border, Zoo, Badshahi Masjid, Minar-e-Pakistan and much more. It was a rich source of learning and great enjoyment.



HIFZ UL QURAN



One of the hostel students Abdur Rehman of 1st year from Peshawar Model Degree College (Boys) Dalazak Road Peshawar completed his Hifz ul Quran in hostel. His teacher and guide was Muhammad Awaish of 2nd year. It is an honour for our college to have such hardworking and diligent students who maintained both, their din aur dunya. May Allah rewards and shower His blessings on our college. Ameen!



SPRING Festival

PMDCs Peshawar | Hayatabad | Mardan | Haripur

Spring Festival always brings happiness, colours and laughter on the faces of the students. A fun-filled event of Spring Festival was held at Peshawar Model Degree College (Boys) Dalazak Road, Peshawar on March 19, 2022. Chief Guest was Chairman BISE Mardan, Muhammad Imtiaz Ayub and Guest of Honor was social media star Afsar-ul-Mulk Afghan. On this occasion the chief guest addressed the students and threw light on the upcoming challenges and barriers in the way of educations. While social media star Afsar-ul-Mulk Afghan encouraged the students to play their role in the progress of country. He also motivated the students to promote and be proud of their mother tongue. Students of Peshawar Model Degree College (Boys) Dalazak Road, Peshawar, Hayatabad, Mardan and Haripur participated in the festival. Besides PMDCs, also Beacon House, Forward Public School and The Smart School also participated. A musical band was invited. Students enjoyed the melody of music while dancing. The traditional Attan dance doubled the joy. Different food stalls were erected for students to satisfy their hunger. In the end, the students also won gifts through the lucky draw.



GLIMPSES OF SPRING FESTIVAL



FUNFAIR

Peshawar Model Degree College (Girls)
Dalazak Road, Peshawar

Funfair 2022 was held at City University of Science and Information Technology. Prof. Dr. Syed Minhaj ul Hassan Vice Chancellor City University of Science and Information Technology was invited as Chief Guest. The day was filled with fun, music, food stalls, entertainment and lots of exciting prizes.



Prize distribution ceremony for Top-20 position holders of BISEP 2021 and Qualifiers of NMDCAT.

As said by Darren Hardy, “Achievers do not submit to instant gratification, they invest in the long term payoff”. the students of Peshawar Model Degree College (Girls) Dalzak Road, Peshawar showed marvelous results in BISEP 2021. To appreciate the hard work and untiring efforts of the students, prize distribution ceremony was held on 23rd October 2021 at Peshawar Model Degree College (Girls) Hayatabad. Top-20 position holders of BISEP 2021 and Qualifiers of NMDCAT were invited along with their mothers. The students were awarded certificates, souvenirs and bouquets. Interactive games and stage performances added colors to the day that ended with lavish lunch.



PARENT - TEACHER MEETING (PTM)

Parent Teacher Meeting is a notable feature of PMDCs. The motive of the meeting is close interaction of parents and teachers finding workable solutions to the problems. In this regard parent teacher meeting was held on 29th January, 2022 where teachers discussed students' progress with their parents. The parents filled out evaluation proformas suggested ideas to the college. It was quite a healthy and interactive activity for both parents and teachers. The parents were served with refreshments at the end.



WELCOME PARTY



“Small cheer and great welcome makes a merry feast”. Our precious students of 2nd Year students cordially welcomed dearest students of 1st Year with all their heart and love on 27th November 2021 at Peshawar Model Degree College (Girls) Dalazak Road, Peshawar. The program comprised of many interesting and interactive games along with stage performances. Stalls of delicious food items were also an attraction for the students.

SPORTS WEEK AT CUSIT

“The more difficult the victory, the greater the happiness in winning”. Pleasant and exhilarating opening ceremony of sports week was held on 11th November, 2021 at Peshawar Model Degree College (Girls) Dalazak Road, Peshawar. A large number of students from other colleges also participated in the event. Students of Peshawar Model Degree College (Girls) Dalazak Road, Peshawar secured 1st positions in Badminton double and single, Basketball, Netball and secured 2nd position in Table-tennis. Closing ceremony was held on 25th November 2021 after a full week of energetic and fun filled sports.



STUDY TOUR

Learning is not just confined to books. One can learn from his/her surrounding for example from his/her society and other places. For this purpose a study tour for the students of Peshawar Model Degree College (Girls) Dalazak Road, Peshawar was arranged to Peshawar Museum and Archives Library Peshawar. It was held on 3rd and 4th January 2022 respectively. Students thoroughly enjoyed the day and learned a lot. The funfilled day ended with lunch at McDonald's!



Peshawar Model Degree College
(Girls) Dalazak Road, Peshawar

CANCER AWARENESS CAMPAIGN



“Nobody is safe until everyone is safe” has become a catch phrase that reminds us to keep ourselves well aware of highly destructive diseases. In this connection, a campaign for cancer awareness was initiated on 20th October, 2022 at Peshawar Model Degree (Girls) Dalazak, Peshawar in collaboration with SKMCH to serve the said purpose. The session was conducted online while taking care of SOPs.

At the end students were presented pink ribbons after question/answer session.



VACCINATION

Vaccination facility against COVID-19 at Peshawar Model Degree College (Girls) Dalazak Road, Peshawar was provided to the students on various days. More than 97% students of our college are now fully vaccinated.



***** EXCURSION TRIP *****

“We take pictures and make videos as a return ticket to a moment otherwise gone.” Students of 1st Year and 2nd Year made memories on their trip to Islamabad on 23rd and 24th December 2021 respectively. The day was filled with love and laughter. Students were able to witness the mesmerizing beauty of Rawal Lake and Lake View Park. They enjoyed horse riding, camel riding, pirate ship ride, motion ride, dodging car and much more.



Inter College Wall of Art Competition

“The most powerful expression is Art”. An Inter College Wall of Art Competition was held at CUSIT on 21st January 2022 in which students of PMDC (Girls) Dalazak Road, Peshawar participated and won 2nd Position. Different teams from various colleges were provided a wall to paint on different themes. The day was filled with colors and imaginative art.



PARENT TEACHER — Meeting —



Peshawar Model Degree College (Boys) Hayatabad, Peshawar

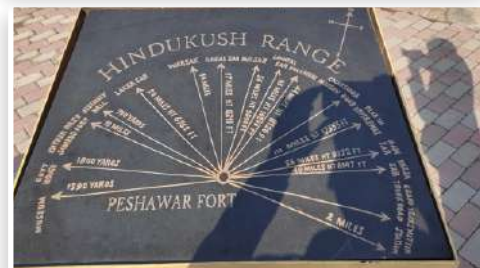
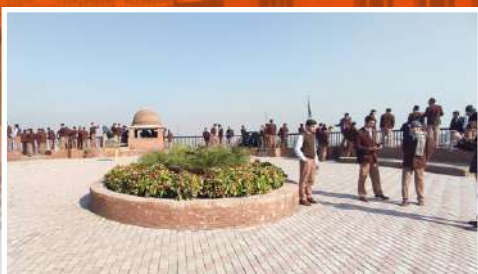
Peshawar Model Degree College (Boys) Hayatabad arranged Parent-Teacher Meeting on the 31st of January, 2022. A large number of parents attended and discussed progress of their wards' Academic performance. The meeting went on smoothly. The parents in a congenial environment freely discussed their wards' weak areas and also gave their precious feedback.



Peshawar Model Degree College (Boys) Hayatabad, Peshawar

Educational Trip To Bala Hisar Fort

As it is said “travelling is the best form of education.” Therefore, a one day trip for the students of Peshawar Model Degree College (Boys) Hayatabad was arranged on January 29, 2022 to Bala Hisar Fort to have first hand knowledge of the historical fort of Peshawar. They visited different sections of the fort and took pictures with the historical monuments. The students showed great interest in the historical monument.



SEMINAR “Career Counselling”

The administration of Peshawar Model Degree College (Boys) Hayatabad arranged a career counselling seminar for the awareness of students regarding their career on the 15th of January, 2022. A resource person Mr. Musharraf Khan Marwat (Additional Secretary Excise & Taxation, Khyber Pakhtunkhwa) was invited. He delivered a comprehensive lecture on “Career Counselling”. The students regarded it a very inspiring and thought provoking session.





**Peshawar Model Degree College (Boys)
Hayatabad, Peshawar**

BOOKS ON WHEELS

“Books are good company, in sad times and happy times, for books are people- people have managed to stay alive by hiding between the covers of books.” Looking at the present challenging scenario, Peshawar Model Degree College (Boys) Hayatabad arranged to invite a mobile bookshop on 2nd February, 2022. It was a great learning experience for the students who took keen interest in it.



ENGLISH DEBATE COMPETITION



**Peshawar Model Degree College (Girls)
Hayatabad, Peshawar**

Prepared by
NAJIA KAMAL

An English Debate Competition, was held, on 21st December, 2021 in Peshawar Model Degree College (Girls) Hayatabad, organized by English Literary Society for the students of XI Year. The topic of debate was “Online Education is a way to future”. The purpose of the competition was to develop students’ speaking skills and confidence. After a tough competition of each student against their peers, with a difference, Javeria Khaliq of XI Year stood First. She was awarded First Position Certificate while the other participants were awarded Appreciation Certificates. This distinctive effort of the English Literary Society highlighted many good debaters that would be later given the opportunity for competing to win Inter Colleges Debate Competition.



INTERNATIONAL Women's Day CELEBRATION



International Women's Day was celebrated on 8th March, 2022 in Peshawar Model Degree College (Girls) Hayatabad. The purpose of the event was to display a better image of women in our society. Many students showed passion by making fancy posters and cards to depict that women are strong despite their humble nature and fragile physique. These hand made cards and posters were displayed in the cafeteria. The overall event was celebrated with passion and gave inspiration to the students.





EDUCATIONAL TRIP TO *Peshawar Museum and China Window*

Peshawar Model Degree College (Girls)
Hayatabad, Peshawar

Prepared by
NAJIA KAMAL

An Educational Trip was arranged by Peshawar Model Degree College (Girls) Hayatabad to visit Peshawar Museum on 24th December, 2022. The museum has notable collection of Buddhist artifacts related to ancient Gandhara region. Students were fascinated having seen the museum antiques. They asked the guide interesting questions. After enlightening time, spend in Peshawar Museum, the students visited China Window, where Mr. Amjad Malik, welcomed them and briefed the students about the Chinese Learning Program held and foreign tours that were arranged to promote Pak-China friendship. The students wore Chinese costumes and read interesting books in the library. Students were taken to McDonald's for refreshment after the visit.



BOOK FAIR

Prepared by
NAJIA KAMAL

A Book Fair, was held on 24th and 25th January, 2022. The purpose of the book fair was to promote reading habits in the students. Students visited the book stalls and purchased books they liked. The books were available on discount prices for the students. Different genres of books, such as Novels, Dramas, Poetry and General Knowledge in both Urdu and English were near at hand. Overall, the arrangements and outlook of book fair was in apple-pie order.



THE DAZZLING STORY OF WELCOME PARTY

**Peshawar Model Degree College (Boys)
Mardan**

A notable feature of PMDC is that the management arranges welcome party for new batch every year to give a warm welcome to the freshers. Such parties of students boost their enthusiasm. It includes many lively segments like welcome speeches, thanking notes, funny skits, folk dances, exhilarating singing performances, comic qawali and splendid decoration, thus making it a fervent and impressive party.

Faculty of PMDC play a pivotal role in the arrangement of such events. They enthusiastically contribute and guide the students towards a successful event. To sum up, PMDC is the platform for both mental and physical grooming and recreation.

As a tradition, this year also a welcome party was arranged to welcome the XI year batch of students. This year the event took place in even more exciting way. Students participated whole heartedly, professional and creative way.

The stage performances attracted the hearts of the audience wholly and solely. Students got encouraged and pleased. At last, the great and awesome party came to an end. The students took photos. They expressed their love for principal and faculty by capturing photos to preserve them in the books of sweet memories. The students enjoyed the lunch. think of beauty joy for ever.



Qirat & Naat Competition

Peshawar Model Degree College (Boys) Mardan

A colorful ceremony was held at Peshawar Model Degree College (Boys) Peshawar. The driving force behind this activity was to celebrate the birth anniversary of Holy Prophet Muhammad (SAW) with religious zeal and fervor. The aim and objective of holding Naat and Qirat competition was to involve students and inculcate them about the significance of this sacred day.

Students of Peshawar Model Degree College Boys Mardan took part in the Qirat and Naat competition and the participants enthralled the audience with their melodious voice. In Qirat competition, Hasnain Shams of PMDC (Boys) Mardan clinched 2nd Position .

At the end of the ceremony, Deputy Director colleges Mr. Ibrar Khan congratulated the winners and distributed prizes among the winners.



The story of a HISTORICAL TRIP

Peshawar Model Degree college (Boys) Mardan has been working under the supervision of a well organized and disciplined system. As per the plan of its schedule, PMDC arranges study tours and trips in order to enhance the interest and historical knowledge of the students at all dimensions.

As usual, PMDC arranged a historical trip to the relics of Takht Bhai Mardan , where the students of first year and second year got historical information.



WELCOME PARTY

Peshawar Model Degree College (Girls)
Mardan

This year the Welcome Party took place in an exciting way. Students participated whole heartedly. "Small cheer and great welcome makes a merry feast". It was for our promising students of Peshawar Model Degree College (Girls) Mardan. The program encompassed of many interesting and interactive games along with stage performances. Stalls of delicious food items were also an attraction for the students.



FUNFAIR



A joyous funfair was witnessed at Peshawar Model Degree College (Girls) Mardan on 24th May, 2022. It was an entertaining day to enjoy music, different food stalls and stage performances. The students took lots of pictures to keep memories. At the end a group photo was taken so as those glorious moments could be enjoyed again.



EXCURSION TRIP + STUDY TOUR

As a custom of Peshawar Model Degree College Mardan, Excursion trips are held on 24th December, 2021 an was arranged by the college. The purpose was to take students to different historical sites places. To let them feel the difference and importance of cultural heritage, study trips are arranged to take students to the places which have historical, cultural and religious background and importance.



PRIZE DISTRIBUTION CEREMONY

Peshawar Model Degree College (Boys / Girls) Haripur

Prize Distribution Ceremony was held on November 13, 2021 at Peshawar Model Degree College (Boys/Girls) Haripur. The talented students of the college were rewarded for their outstanding performances. The objective of the ceremony was to create an atmosphere of competition among the students and focus on their studies with more dedication and hard work.



Annual Day

Annual Day was held at Peshawar Model Degree College (Girls) Haripur on Last day of session 2019-21. It was a really memorable day for our students but was really hard to bid farewell.





PARENT-TEACHER MEETING

Peshawar Model Degree College (Boys / Girls)
Haripur

Parent-Teacher Meeting was held on January 29, 2022 at Peshawar Model Degree College (Boys/Girls) Haripur for the guidance of parents and their wards. It was a pleasant interaction by the virtue of which the students promised much better than ever. Overall, the meeting was fruitful.



EDUCATIONAL TRIP

An educational Trip to Bhamala remains of Khan Pur and Taxila Museum that provided the students visit archaeological sites. Students were curious and interested to ask their guide different questions.



Thalassemia Awareness Program

Thalassemia is irrevocable blood cancer. In this regard thalassemia awareness session was given to the students of both campuses Boys and Girls.





ARTICLES BY PMDC (BOYS)

DALAZAK ROAD, PESHAWAR.

M.Rayyan
XI PE-P

DID YOU KNOW?



- It takes about 0.2 seconds for your brain to understand the light that reaches your eye.
- Engineers discover a new way to create fuel “out of thin air”.
- Shrimps are all born male but slowly grow into female.
- Scientists developed new blood test that could diagnose level of depression.

Knowledge is Power

“Education is a matter of life and death to our nation. The world is moving so fast that if you do not educate yourselves you will be not only completely left behind, but will be finished up. The Holy Prophet (PBUH) had enjoined his followers to go even to China in the pursuit of knowledge. If that was the commandment in those days when communications were difficult, then, truly, Muslims as the true followers of the glorious heritage of Islam, should surely utilize all available opportunities. No sacrifice of time or personal comfort should be regarded too great for the advancement of the cause of education.

Quaid-e-Azam Muhammad Ali Jinnah

Quaid the Boss Said

1. I do not believe in taking the right decision; I take a decision and make it right.
2. No Nation can rise to the height of glory unless your women are side by side with you.
3. There are two powers in the world, one is the sword and the other is the pen.



Mohsin Sajjad
(Student Service Officer)
PMDC (Boys) Dalazak Road

“When I was 5 years old, my mother always told me that happiness was the key to life. When I went to school, they asked me what I wanted to be when I grew up. I wrote down ‘happy’. They told me I didn’t understand the assignment, and I told them they didn’t understand life.”

By: John Lennon

- If you want to be happy, do not dwell in the past, focus on living fully in the present.
- Don't decide your future by your own self because this is the job of God not humans.
- If you want to live happy, never compare yourself with complete personality, but compare yourself with disabled (cripple).
- Never take decision during excited mood either bad or good because with passage of time colony excitement intention also going to decline.

Wasif Mehmood
13155 | XII PM-H



ABOUT DOGS



1. Dogs don't only see in black and white they can also see blue and yellow.
2. Puppies have 28 teeth and normal adult dogs have 42.
3. Dogs can hear about 4 times the distance of a human.
4. Dogs' sense of smell is 10,000 times stronger than human.
5. Dogs' only have sweat glands in their paws.
6. Dogs' noses are wet to help absorb scent chemical.

Azan Khan
 12846 | XII - PE-P

I'll go anywhere with you

Let's run away.
 I don't care where
 It doesn't really matter,
 As long as you're there
 Hawaii, Canada or Disney Land,
 They're Fine with me
 If you're holding my hand
 You're the one person
 I'd want by my side.
 Just say you'll go with me
 Then, where, we'll decide.
 I'll go anywhere at all
 As long as it's with you.

Immad Khan
 13721 | XI PM-C



Muhammad Ibrahim
 XI PM-P | 13553

★★★ PARADISE ★★★

Your mother- - - - -
 Kept spending her life
 guiding you,
 And raising you,
 Taking care of you.
 For all her life
 For the best
 You can be
 So show her
 Leniency and compassion
 So she can be
 A reason
 for you
 To enter
 paradise.

Happiness is found
 When you stop
 Comparing yourself
 To other people

Great minds discuss ideas;
 Average minds discuss
 events;
 Small minds discuss people

Do good for others.
 It will come back in
 unexpected ways.

Mahad Manzoor Khan
 13852 | XI PM-M

FRAGMENTS

1. Experience is simply the name we give to our mistakes.
2. Be careful of your thoughts, they may become words at any moment.
3. FAMILY is one of the strongest words any one can say, because the letters of family means (Father and Mother I Love You).
4. Life does not have a remote, get up and change it yourself.

Azan Khan
 12846
 XII Pre-Engineering

titbits

Mazhar Naveed
 XI PM-P | 13586

- ★ The Nile crocodile can hold its breath underwater for upto two hours while waiting for prey.
- ★ Tigers are the most revenge seeking animal on earth.
- ★ Mosquitoes killed more humans than all the wars did in the history.
- ★ Rainbow is a full circle and it is possible to see them from plane.



STORY

Ahmad Rahman XI PE-P | 13553



“LAZINESS WILL NOT GET ANY WHERE”

In ancient times, a king had his men place a boulder on a roadway. He, then, hid in the bushes, and watched to see if anyone would move the boulder out of way some of the king's wealthiest merchants and courtiers passed by and simply walked around it.

Many people blamed the king for not keeping the roads clear, but none of them did anything about getting the stone removed.

One day, a peasant came along carrying vegetables. Upon approaching the boulder, the peasant laid down his burden and tried to push the stone out of the way. After much pushing and straining, he finally managed to remove it. The peasant went back to pick up his vegetables, he noticed a purse lying in the road where the boulder had been. The purse contained many gold coins and written notes from the king explaining that the gold was for the person who removed the boulder from the road.

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Computer And It's Basic Operations

Saqib Raheem
XI FCS-P | 13613



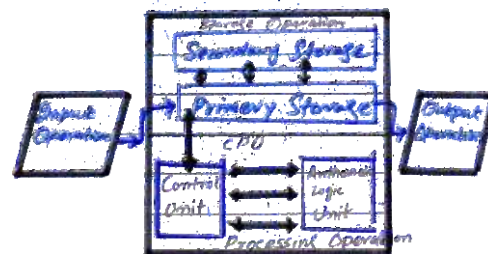
COMPUTER:-

Computer is an electronic device that accepts input data and instructions with the help of input devices, stores them until needed by using storage devices, process the data with the help of processor and gives a result by using output devices according to instructions provided by the user.

BASIC OPERATIONS OF COMPUTER SYSTEM:-

There are four basic operations of every computer system

1. Input Operation:-
2. Processing Operation.
3. Output Operation
4. Storage Operation



Input Operation:-

It is the process of capturing or accepting data or information. by using input devices. i.e:- Mouse, Keyboard, etc.

Processing Operation:-

It's the transformation process to convert the input into output with the help of processor (CPU).

Output Operation:-

It's the result which comes from the transformation process or it's the outcome of the processing. by using output devices. i.e:- LCD, Speakers etc.

Storage Operation:-

It is the process of storing the data or information or instructions;
Example:- RAM, Hard Disk or USB etc.



VLOGGING

Article By **Nikhil Ashok** (XII-PEI)



My name is Nikhil Ashok and I am a student of Peshawar Model Degree College (Boys) Dalazak Road Peshawar.

Vlogging, or video blogging, is basically the art of creating blogs in video form. Basically, imagine if we recorded someone narrating all the amazing articles and we publish it at YouTube or any other online platform that would be vlogging. These pieces of content help us get our messages across using visuals instead of words and our audience will love it. Consider how most of the younger generations are getting their information today. Countless people are logging into Instagram, Snapchat, Twitter, and of course, YouTube. Vlogging has come a long way since the start of YouTube, with YouTubers now using thousands of pounds worth of cameras, drones and top-of-the-range microphones as opposed to the low-quality camera phones that ignited the vlogging craze. With this higher production value comes even with larger audience.

Being a teenager, I have interacted with several type of people and one thing I have noticed is that majority of them lack confidence to present their thoughts to the audience. Everyone owns a hidden talent inside them, but very few of them have confidence to express them. In my childhood creativity always attracted me towards itself. I always tried to do something creative to present a positive idea among people. With the passage of time technology started attracting me towards itself and every weekend was waiting for me with a new idea. I still remember the day when my father gifted me my first camera and I was very happy to visualize creativity, but I was still lacking courage to present my idea to the audience on a bigger scale. In 2016, YouTube started gaining popularity among people and I began to watch vlogs on YouTube. The way people presented their ideas gave me confidence, I took my camera and went outside to film street videos and on April 29, 2019 I uploaded my first vlog on YouTube and it came up with a very positive outcome. It was the best way to present an idea to audience on a large scale.

Teenagers should work on themselves to explore their hidden talent. I have recently uploaded a Vlog (Video Blog) on my YouTube channel "Nikhil Ashok Vlogs" in which I took some amazing shots of "**Peshawar Model Degree College**" and interacted with some amazing people of PMDC.





ARTICLES BY PMDC (GIRLS)

DALAZAK ROAD, PESHAWAR.



"MUM"



MUM'S SMILE

Can shine any moment

MUM'S HUG

Put love in all our days

MUM'S LOVE

Can change our life in a
precious way

Manahil-Abdul-Rehman
XII PM-H 6707

Muqadas Khan
XI-PM-I | 7172

LIFE



When the time comes, we will have to go.
When you have youth,
You are dying to live,
Your soul refused to let go,
Even your silhouette wants to live,
We know that we came to live
But when the time will come, we will have to go.

STAND STILL

For the stand of your dialogue.

Tell them,
The ambition of your life
With a weapon of optimism.



NATURE

Manahil Tariq
XII-PE | 6815

The green tree and the bloomy flowers,
The amazing waterfall and great soil,
The calm sea and the gorgeous mountains,
All are remarkable and incomparable blessings.

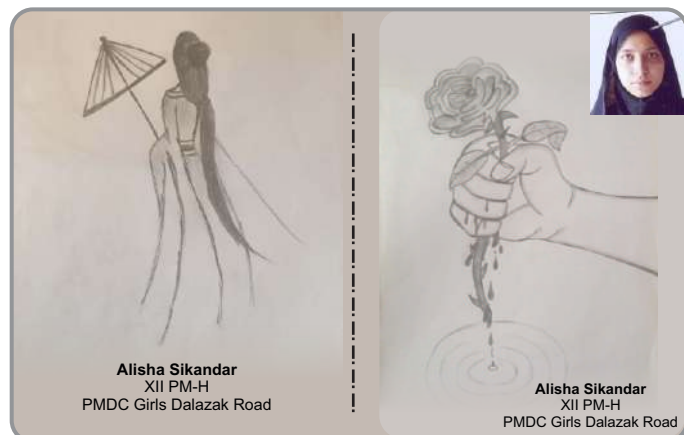
The wholesome sunrise and the setting sun,
The brightest stars and the shining moonlight,
The pleasant winds and the beautiful rain,
All are scenic and incredible views of nature.

The nature is made up of mesmerising views,
The look of beach, ocean, islands and lakes,
The look of desert, hills, caves and forests,
Fill my heart with happiness.

Capturing them with naked eyes,
Makes them look perfect.
Every sight if nature is incredible.
The beauty of nature is incomparable.



Alisha Sikandar
XII PM-H
PMDG Girls Dalazak Road



Alisha Sikandar
XII PM-H
PMDG Girls Dalazak Road

Alisha Sikandar
XII PM-H
PMDG Girls Dalazak Road



ARTICLES BY PMDC (BOYS)

HAYATABAD, PESHAWAR



BUTTERFLY EFFECT



A small change in starting conditions of an event can bring a drastic change in the outcome of that event such as the flutter of a butterfly on one side of the world can cause a hurricane on the other side of the world. This concept is widely known as “The Butterfly Effect” formulated by Edward Norton Lorenz in 1960. It is natural to think that huge events like World War I, World War II, 9/11, persecution of leaders can bring about significant changes but in reality it all started with a little change. World war I changed the course of history. It was a combination of many things but can be narrowed down to one small event, prevention could have changed our lives entirely, and that was the wrong turn of car.

On the morning of 28 June, 1914, Archduke Franz Ferdinand of Austro-Hungarian empire was attacked with a grenade. He was saved but passengers behind the car were injured. Franz decided to visit those wounded by blast. While on the way driver made a wrong turn in a street. Standing outside a café on this street 19 years old Serbian, Gavrilo Princip, was eating a sandwich. He was one of the persons involved in the assassination of Archduke that day. When he saw the car approaching, he took out his gun and shot Archduke Franz and his wife Sophie. If it weren't for a wrong turn, Franz wouldn't have been shot, if he hadn't been shot, the Austro-Hungarian empire wouldn't have declared war on the home country of the man who had shot Franz, which caused Germany to opportunistically declare war on Russia followed by France and Belgium, causing UK to declare war on Germany starting World War. If Franz had not been assassinated World War I would not have started. Hitler would not have risen to power, World War II would not have started, Turkish caliphate would not have dissolved and 60 million people would not have died. All of this happened because a man took a wrong turn. If all of this hadn't happened maybe subcontinent would not have separated, Pakistan would not have come into existence. This article would not have exist and you wouldn't be reading it right now. If You think reading this article was a mere coincidence, it was not this article would change your life in ways you can't imagine. So if you think you're insignificant, think again.

Muhammad Abdullah Shah
PE-P XII | Ad # 1492





Hazrat Umar (R.A)

Syed Mustafa Shah
PM-P XII | Ad # 1579



Hazrat Umar (R.A) was born in 585 AD in Makkah al Mukarramah. His father name was khattab ibn Nufayl. Hazrat Umar (R.A) was one of few literate people of Makkah. At first he opposed the religion of Islam but then, at the age of 28 he embraced Islam.

Tribe:

Quraish

Achievements:

He established the Diwan which inaugurated the Islamic Hijri calendar, and created the office of the qadi (Judge)

Reign:

He was the second Rashidun caliph, reigning from 634 until his assassination in 644. He succeeded Abu Bakr as the second caliph of Rashidun caliphate.

Children:

Abdullah Ibn Umar, Hafsa Bint Umar, Ubaid Ullah Ibn Umar, Asim Ibn Umar, Zayd Ibn Umar.

Wives:

Qurayba Bint Abi Ummaya, Atikah Bint Zayd Ibn Amr Ibn Nufayl

Title:

Due to his equality and justice, he (RA) earned the title of Farooq.

Conquests:

Under his rule, Islam spread in three different continents.

Demise:

In 644, Hazrat Umar (RA) was attacked by a slave Abu Lu'lu'ah and died from the wounds three days later. He was buried in Masjid-e-Nabvi in Madina.

1. Venus is the only planet in the solar system which rotates in clock wise direction.
2. The hottest chilli pepper in the world is so hot that it could kill you, its the dragon breath chillipaper.
3. The largest cell in the human body is female egg cell. while smallest cell of human body male sperm cell.
4. Ronald Dahl was in the royal air force during world war II.
5. High levels of stress negatively impact your memory and can shrink your brain.
6. Banana are curved because they can grow upward in the search of sunlight.
7. "V" is the only letter that never silent in English.
8. Peoples with red hair need 19% more anesthesia to be sedated.
9. A million seconds is 11.5 days.
10. It takes 20 seconds for 1 red blood cell to go around the whole body.
11. There is a three way bridge in Michigan. It is called as tridge.
12. An average man produces around 1 liter of saliva a day.
13. You spend 10% of your waking hours blinking.
14. Water puts out fire because water absorb the heat from the fire and turns into steam.
15. Charles Darwin ate every animal he discovered.

MUHAMMAD SABOOR
PM-M | XI



ARTICLES BY PMDC (GIRLS) HAYATABAD, PESHAWAR

Missing You Friends



Asking for extra pencil, sharing the lunch
Sipping from each other's water bottles
Copying the homework from others notebook,
Discussing most important questions before exams
Missing friends in vacations,
Freezing hands in winter classes
Dressing up for the farewell
And a final teary goodbye hug to friends we literally
grew up with...
College is never just a name; it will always be an
emotion, FOREVER

Noor-ul-Huda
1st year D

The Fear of Tomorrow

SHUMAISA | 1st Year M

If we wait until tomorrow
And always hesitate
Then when tomorrow comes around
We will be little late
If we wait until tomorrow
Then we close and lock the gate upon
our opportunity
Ascribing it to our fate
The man who says, "I CAN'T" today
Will never pay his bill
But fame and fortune wait upon
The man who says "I WILL".



**ANMOL
XI P**





ARTICLES BY PMDC (BOYS)

MARDAN

POETRY: **GHANI KHAN BABA**

ABBAS KHAN

XI PE-P | 1335

In a desert, once, on a hunt did I find,
With a radiant smile, a flower so fair;

Sadly, I approached and sighed, "Ah! of my kind
Are you too – a hapless flower from a beloved's hair.

Frail fingers wouldn't take you to a soft face so close,
Nor would you be kissed by lips delicate and rose."

With a silent smile the flower replied, "Don't lose heart!

This desert I wouldn't give up for the gardens of Iran,
A solitary I am here while legions are there,

Amidst this cursed soil I stand apart.

In this gray desert, a flamboyant flame of divine light am I,
Beauty's silent song, a miracle from the sky.

In your garden, there are thousands of flowers like me
A nameless droplet in a nameless sea.

You too, in your desert, don't feel forlorn,
To behold you at last shall come a sore "Ghani Khan".

يو ورځي يو صحرا کې په ښکار وټي وم روان
يو گلاب مې ولاړ ولید، پړقیده ښایسته خندان
زه خفه یې خوا له لارم، ما وې اهزما په شان
ته هم گل یې بد نصیبه ورک د زلفو د جانان
نه د چا نیازینې گوټې، نرم مخ له به دې یوسي
نه به ښکل دې کړي سری شونډې د یار سره نازک لبان
هغه غلی شان مسکې شو، وې خان مه کوه خفگان
زه به دا صحرا ور نکړم، د ایران په گلستان
دلته زه یو او یکتا یم، هلته زرمزما په شان
چار چاپیره سپرې خاورې، زه یوازې یم روښان
دلته دې تور ریگستان کښې زه درنگ او نور لمبه یم
د ښایست چپه نغمه یم، کرشمه د لامکان
ستا په باغ کې په زرگونو دي گلاب زما په شان
یو بې نومه سور دریاب کې یو بې نوم خاڅکي روان
ته دې هم په خپل صحرا کې خفه مه شې زما وروره
آخرا به شي دیدن له دې څوک سوی غی خان

غږ: یاسر او جواد

شاعر: غني خان

Dream Your Own Word

MUHAMMAD TALHA.

XI PM-P | 1338

Make every thought, every fact, that comes into your mind, pay you a profit. Make it work and produce for you. Think of things not as they are but as they might be. Don't merely dream but create!

Maxwell Maltz

You are a potential genius. Your amazing brain has more than 18 billion cells, each one of which is connected to and interlinked with as many as 20,000 others. This means that the number of possible thoughts you can think is greater than all the molecules in the known universe.

You have the capacity to learn at incredible rates and to retain more information than you can even imagine. It is said that "when an educated person dies, it is as if a library burned down. "This potential library is contained between your ears".



Golden Thoughts

- ✂ Hope and hard work are the weapons through which a man can win the war of success.
- ✂ Friendship is the candle that lights up your heart whenever it is dark outside.
- ✂ Dream big, work hard, stay focused and surround yourself with good people.
- ✂ Love all, trust a few, do wrong to none.
- ✂ Friendship is not important thing it's everything.
- ✂ All birds find shelter during the rain but eagle avoids rain by flying above the clouds.
- ✂ Problems are the same but attitude makes the difference.
- ✂ Don't take rest after your first victory because if you fail in second, more lips are waiting to say that your victory was just luck.
- ✂ Don't read success stories you will only get a message. Read failure stories you will get some ideas to get success.
- ✂ There is neither good nor bad in this world but thinking makes it so.
- ✂ Lend the ears to all but few the tongue.

M. ZARAK LODHI
XI - 1495

POEM (intension)

No matter how
good or bad
you think life is,
wake up each day
and be thankful
for life.
Someone
somewhere else
is fighting
to survive.
Do Good and Good will
come to You

KUMAIL AHMAD.
XI - PM-D | 1433-



Read Every Day

UMAIR AHMAD
XI - PM D | 1421

In order to stay on top of your job, you should read at least one hour per day, underline important points and take good notes. Anything less than one hour per day will put you in danger of being passed by your competitors. My friend Jim Rohn advises, "Work at least as hard on yourself as you do on your job."

At the very least, you should get up every morning and read 30 to 60 minutes something educational and take careful notes. Review your notes on a regular basis. Reflect on what you have learned, and think about how you could apply the new ideas in your daily life.

Use your powers of visualization to imagine yourself using the new information in some way. This will dramatically increase the speed at which you learn and retain the new ideas, and increase the likelihood that you will use them at the first opportunity. If you read just one hour per day, that will amount to about one book per week. One book per week will amount about 50 books per year. Fifty books per year will total about 500 books over the next 10 years. At the very least, you will need a bigger house just to hold your books, and you will probably be able to afford it as well.

WRONG DECISIONS

According to the American Management Association, at least 70 percent of your decisions will turn out to be wrong in the fullness of time. This 70 percent figure is an average. Some people will be wrong even more often. But you can assume, as a rule of thumb, that 7 out of 10 decisions that you make regarding your life and work will turn out to be wrong in the long run.

Here is a question for you. If 70 percent of the decisions that managers and executives make turn out to be wrong, how can the world continue to function? The answer is simple, Superior people—those who rise to the top of any organization are those who are willing to cut their losses. They are willing to admit quickly that they have made a mistake and rectify the situation rather than persisting until it gets worse.

Unfortunately, the vast majority of people fall in love with their past decisions, and once having made them, they are reluctant to give them up, even if all the evidence is against them. Don't let this happen to you. Instead, resolve to be the very first to recognize that a decision that you have made or conclusion that you have come to has been invalidated or disproven by new information. Be prepared to drop the old decision and embrace a new solution or new way of doing things.

ANAS SHAH XI CS-P | 1389

3 Qualities of GENIUS

Geniuses have been studied extensively over the years. One of the most remarkable conclusions the experts have arrived at is that geniuses are not necessarily people with extraordinary high IQs. They are often ordinary people who use their intelligence in a superior way compared to average, or even smarter, people. What this means is that you can function at genius levels if you learn to think the way that geniuses do.

Geniuses seem to have three characteristics in common, each of which you can develop and make into a regular part of your thinking. First, geniuses seem to have open minds. They are curious, questioning, flexible, and willing to consider a wide range of possibilities in dealing with a question or problem. This adaptive mind-set is like an open door that allows ideas to blow through from any direction, or source. This is the mind-set of the genius and you can learn it by practicing it.

Second, geniuses seem to approach problems and decisions systematically. They don't throw themselves at a problem like a dog chasing a passing car. Instead, they approach every difficult situation by asking structured questions in a logical order, like solving a problem in math.

Third, geniuses approach problems with a series of questions.

ZARAK SHAH
XI PM-M | 1504

Be CAREful of Words

Be careful of words,

even the miraculous ones.

For the miraculous we do our best,
sometimes they swarm like insects
and leave not a sting but a kiss.

They can be as good as fingers.

They can be as trusty as the rock
you stick your bottom on.

But they can be both daisies and bruises.

Yet I am in love with words.

They are doves falling out of the ceiling.
They are six holy oranges sitting in my lap.

They are the trees, the legs of summer,
and the sun, its passionate face.

Yet often they fail me.

I have so much I want to say,
so many stories, images, proverbs, etc.

But the words aren't good enough,
the wrong ones kiss me.

Sometimes I fly like an eagle

TAIMOOR KHAN
XI-PEP | 1352



ARTICLES BY PMDC (GIRLS) MARDAN



KHALEEQA NISAR
XII - PM-P

Sometimes the worst happens, the unimaginable. Our worst fears come to life. But life goes on, no matter how hard the situation is. We slowly learn to live without them. Doesn't mean we don't miss them, only means we do it because we have to and there is no other choice. To teach us, to help us grow, do our best and then one day leave everything behind. Whatever will be, will be. Just need to make the most of time here and be the best version of ourselves because the only person who can save you is 'you'.

“Trust the Almighty's timing. Only He knows why you are in the state, and are for so long. Don't fret because the delay in answering your prayers is better for you than getting what you want, when you want it. Trust Him to get you out of the situation at right time.”

Mufti Menk



LAIBA GUL
XII - P

“MOTHER”

A mother is someone who loves you
Who cares for you in every way
She sits down and listens
To what you have to say
A mother is someone who believes in you
Always pushes you to go far
Tells you to believe in yourself
No matter who you are
A mother is like an angel
Although without wings
She tells you to enjoy
Life's smallest things
I really love you mother
She means so much to me
Mommy I really love you.



GUL RUKH | XII - PM-P

**DID YOU
KNOW!**

“If you think of blessings, you attract belssings; and if you think of problems, you attract problems. Always cultivate good thoughts and always remain positive and optimistic. We get what we think. So, think positive and life will be positive.

**Nothing is interesting in life,
If you are not interested.**



MUNEEBA ALI
XII – P



ARTICLES BY PMDC (BOYS/GIRLS) HARIPUR



Different aspects of Life:

Life is an assignment; Need to be written
Life is a challenge; Need to be accepted
Life is a fact; Need to be realized
Life is an initiative; Need to be taken
Life is a knowledge; Need to be gained
Life is a quiz; Need to be answered
Life is an encyclopedia; Need to be understood
Life is a journey; Need to be travelled
Life is an opportunity; Need to be availed
Life is a question; Need to be solved
Life is a fun; Need to be enjoyed

Written By:
IFRAH BASHARAT
1st Year (Pre- Med)

Mother "A Blessing".



A person asked,
"Who a mother is?"
Ocean answered,
Mother is the one who keeps all the sorrows of her
children in the depth of heart.
Sky answered,
Mother is like a rain that washes away all the problems
of her children.
Garden answered,
Mother is the most beautiful flower on earth
Paradise answered,
Mother's grace is so admirable that I lie beneath her feet.
Holy Prophet (P.B.U.H) answered,
Mothers' prayers will take her children in paradise.
And above all, Almighty Allah answered,
My most precious blessing that I gave you is **Mother**.

Written By:
Attia Syed
1st Year (Pre- Medical)

Angel On Earth

She looks like a snow white
Even in the warm days of summer
She looks like a fire's light
Even in cold days of winter
Her eyes looks like deer's
About anyone in her eyes there is no fear
She obeys the bade of everyone
She never want to do bad to anyone
When I look her beautiful smile
I lost my wits for a while
Her marvelous personality brings pleasure for me
Because she is the beautiful flower of spring for me



Written By:
Maimoona Bibi
2nd year Girls (Pre- Med)
Student id: 0053

ناشتہ کیوں ضروری ہے؟

کہا جاتا ہے کہ ناشتہ دن کی سب سے اہم غذا ہے مگر کیا آپ کو معلوم ہے کہ ایسا کیوں ہے؟ اگر آپ نہیں جانتے تو ہم آپ کو بتاتے ہیں۔

۱۔ **جسمانی وزن میں کمی:** ایک تحقیق کہ مطابق جو لوگ اکثر ناشتہ نہیں کرتے ان میں موٹاپے کا خطرہ 50% تک بڑھ جاتا ہے جس کی وجہ دن میں جنک فوڈ یا ناقص غذا کا استعمال ہوتا ہے۔

۲۔ **ذہنی کارکردگی بہتر کرے:** ناشتہ درحقیقت توجہ مرکوز کرنے کی صلاحیت کو بڑھاتا ہے۔ جبکہ یہ یادداشت میں بہتری لانے کے ساتھ دیگر ذہنی افعال کے لئے بھی فائدہ مند ثابت ہوتا ہے۔

۳۔ **دل کی صحت میں بہتری:** صحت بخش ناشتہ بلڈ کو لیسٹرول لیول کو بہتر بناتا ہے۔

۴۔ **جسمانی کارکردگی میں بہتری:** ناشتہ جسم کو توانا مزاور نیوٹریشن فراہم کرتا ہے جس کے نتیجے میں جسمانی توانائی بڑھتی ہے اور آپ جسمانی طور پر کام کرنے کے لئے تیار ہو جاتے ہیں۔

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(اقوال زریں)

ابوذر خان
فرسٹ ایئر (پی ایم سی)

- ۱۔ اپنی زبان کی تیزی اس ماں پر مت چلاؤ جس نے تمہیں بولنا سکھایا ہے۔
- ۲۔ کوشش کرو کہ تم دنیا میں رہو دنیا تم میں نہ رہے کیونکہ جب تک کشتی پانی کے اوپر رہتی ہے خوب تیرتی ہے لیکن جب پانی کشتی میں آجائے تو وہ ڈوب جاتی ہے۔
- ۳۔ جس دن ہم اللہ تعالیٰ کی نافرمانی نہ کریں۔ ہمارے لئے عید کا دن ہے۔
- ۴۔ خاموشی غصے کا بہترین علاج ہے۔
- ۵۔ خوش نصیب وہ ہے جو اپنے نصیب پہ خوش ہے۔
- ۶۔ کسی کی پہچان علم سے نہیں ہوتی بلکہ ادب سے ہوتی ہے کیونکہ علم تو ابلیس کے پاس بھی تھا لیکن وہ ادب سے محروم تھا۔
- ۷۔ اگر آپ کو روکنے، ٹوکنے والا، ڈانٹ ڈپٹ کرنے والا اور آپ کی اصلاح کرنے والا کوئی شخص موجود ہے تو آپ اللہ تعالیٰ کا شکر ادا کریں کیونکہ جس باغ کا مالی نہیں ہوتا وہ بہت جلد اجڑ جاتا ہے۔
- ۸۔ کسی کا عیب تلاش کرنے والے کی مثال اس مکھی جیسی ہے جو سارا جسم چھوڑ کر صرف زخم پر ہی بیٹھتی ہے۔ (حضرت علیؓ)

قوم کے معمار || محمد سمیع فرسٹ ایئر (پی ایم سی)

قول حضرت علیؓ

کم ترین علم وہ ہے جو زبان پر رہے۔
بلند ترین علم وہ ہے جو کردار سے ظاہر ہو۔

- ۱۔ ہماری درس گاہوں میں یہ جو استاد ہوتے ہیں حقیقت میں یہی تو قوم کی بنیاد ہوتے ہیں
- ۲۔ سنیں روداد ہم جب بھی کسی کی کامیابی کی ہر ایک روداد میں یہ مرکز روداد ہوتے ہیں
- ۳۔ یہی رکھتے ہیں شہر علم کی ہر راہ کو روشن ہمیں منزل پہ پہنچا کر یہ شاد ہوتے ہیں
- ۴۔ برستے ہیں یہ ساون کی طرح پیاسی زمینوں پر انہی کے فیض سے اجڑے چمن آباد ہوتے ہیں



وادی شوال

جنوبی وزیرستان قبائلی ضلع

بلندی سطح سمندر سے 9000 فٹ

صوبہ خیبر پختونخوا پاکستان کا وہ خطہ ہے جو قدرت کے خوبصورت مناظر سے مالا مال ہے۔ فطرت نے اس خطے کی خوبصورتی میں بڑی فراخ دلی سے کام لیا ہے۔ اگر شمال میں سوات کو مشرق کا سونزور لینڈ کہا جاتا ہے تو جنوب میں وزیرستان بھی کسی سے کم نہیں ہے۔ ویسے وزیرستان میں تو قدرتی مناظر بدرجہ اتم موجود ہیں۔ یہاں میں صرف ایک علاقے شوال کو زیر تحریر لانے کی سعی کر رہا ہوں۔

وادی شوال کو جو لوگ بنوں کی طرف سے آتے ہیں تو ان کو چاہئے کہ پہلے بنوں پھر زمک کے راستے شوال جائیں اور ڈیرہ اسماعیل خان سے آنے والے مکین سے شوال جائیں۔ وادی شوال وہ وادی ہے جس نے سیاحوں کا دل جیت لیا ہے جو سیاح وزیرستان کی سیر کرنا چاہتے ہیں تو ان کو چاہیے کہ وہ لازمی وادی شوال کی سیر کریں۔ اگر اس وادی کی خوبصورتی کی ہم بات کریں تو پہلے نمبر پر چلغوزے کی بڑے بڑے جنگلات ہیں اور گرمیوں میں بادل چھائے ہوتے ہیں سارا شوال بادلوں میں گھرا ہوا ہوتا ہے۔

اس میں سب سے پہلا ایک چھوٹا سا گاؤں (کلے) ہے جس کا نام سپین کمر ہے۔ اس کی خوبصورتی اس کا راستہ ہے جس کے ہر موڑ پر ایک الگ نظارہ ہوتا ہے۔ سپین کمر سے 5 سے 7 کلومیٹر کے فاصلے پر ایک گاؤں ہے جس کا نام (اوڑے) ہے۔ اس مقام پر سڑک کے کنارے پر کھڑے ہو کر سپین کمر سے جو فاصلہ طے کیا ہے اس کا نظارہ کر سکتے ہیں۔ اس مقام سے دیکھ کر یقیناً آپ کی روح خوش ہو جائے گی اور اس خوبصورتی کو الفاظ کا جامہ پہننا مشکل نہیں ناممکن ہے۔

یہاں پر سیاح کھانے پینے کا سامان لے کر آتے ہیں اور اپنی پسند کی جگہ ڈھونڈ کر بیٹھ جاتے ہیں۔ کہیں پر کھانے پکانے، کہیں پر موسیقی تو کہیں پر ڈھول کے ساتھ روایتی اتھڑا رقص کیا جاتا ہے یا پھر کہیں پر دوستوں کے ٹولے بیٹھ کر ہنسی مذاق کرتے ہیں۔ اور اگر آپ نے وادی شوال میں پیش زیاارت نہیں دیکھی تو کچھ نہیں دیکھا ہے سپین کمر سے تقریباً 37 کلومیٹر کے فاصلے پر واقع ہے۔ یہاں پر سیاحوں کو پانی کا مسئلہ نہیں ہوگا اور اگر کوئی گروپ کی شکل میں سیر کرنا چاہتا ہے تو اسے چاہیے کہ وہاں پر اپنی پسند کی ایسی جگہ ڈھونڈیں کہ جہاں بارش کا پانی آنے کا خطرہ نہ ہو (یعنی درخت وغیرہ ہوں) یا اپنے ساتھ بارش سے بچاؤ کا سامان بھی لائیں کیونکہ یہ بلندی پر واقع ہے اور یہاں کے موسم کا کوئی اعتبار نہیں ابھی بارش ہے تو اگلے ہی لمحہ دھوپ ہوگی۔ جو لوگ اپنے ساتھ کھانے پینے کا سامان نہیں لاسکتے تو یہاں لوکل ڈھابہ موجود ہے۔ جس میں کافی رعایت کے ساتھ چیزیں ملتی ہے اور اس کے ساتھ ساتھ ان لوگوں کی مہمان نوازی بھی بہت اہمیت کی حامل ہے۔

پیش زیاارت سے ایک یا ڈیڑھ گھنٹے کے فاصلے پر ایک اور مقام ہے جس کا نام پنگے (Panga) ہے جو بالکل پاک افغان بارڈر پر واقع ہے ہر قسم کی گاڑی یہاں نہیں جاسکتی تو اس لئے سیاحوں کو چاہیے کہ اپنی گاڑی مکین میں پارک کریں اور وہاں سے لوکل گاڑی میں جائیں۔ جو لوگ وادی شوال جاتے ہیں تو ان کو چاہیے کہ وزیرستان کے لوگوں کی روایات کا خیال رکھیں اور اپنے ساتھ ڈرون کیمرے کا استعمال کم کریں اور اگر آپ کو فوٹو گرافی کرنا ہو تو وہاں پر لوگوں سے اجازت لے کر ڈرون کیمرہ اڑائیں اور جوشا پڑ بے وغیرہ یا کچرہ ہو مہربانی کر کے اسے وہاں نہ پھینکیں۔

قاضی محمد اظہر داؤد
سیکندرائیر (پی ایم۔ ایم)

اقوال زریں

محمد جواد سیکنڈ ایئر (پی ای۔ پی)
پشاور ماڈل ڈگری کالج (بوائز) پشاور

مبشر حسن

فرسٹ ایئر (پی ایم۔ ڈی)

غزل

ایسا کرتے ہیں ایک ملاقات رکھ لیتے ہیں
چائے کی پیالیاں، کچھ سوغات رکھ لیتے ہیں
میں بھی اداس ہوں تم بھی گم سم جاناں
محفل مشاعرہ اس رات رکھ لیتے ہیں
تم آئے ہو بڑی چاہ سے بادل کے لیے
سو لے جاؤ، ہم برسات رکھ لیتے ہیں
کچھ تو بھرم رہے کہ ہم بھی کبھی ساتھ رہے
ہم تختہ ایک دوسرے کی عادت رکھ لیتے ہیں
زندگی نے ہم دونوں کو بہت غم دیے
تم رکھو خوشیاں، ہم تجربات رکھ لیتے ہیں
کچھ ایسا کرتے ہیں کہ یہ ملاقات یاد رہے
ہم قید غزل میں یہ لحات رکھ لیتے ہیں
تم لے جاؤ حوصلوں کی تمام بارشیں
ہم یادوں کے ہرے باغات رکھ لیتے ہیں
بنابات کے بچھڑنا تو ممکن نہیں
ہم بچھڑنے کی کچھ وجوہات رکھ لیتے ہیں

◀ جس کو تم سے سچی محبت ہوگی وہ تم کو فضول اور ناجائز کاموں سے روکے گا
◀ اپنے دن کا آغاز صدقہ دینے سے کرو اس دن تمہاری کوئی دعا رد نہیں کی جائیگی
اور اچھی بات بتانا بھی صدقہ ہے۔
◀ غلط بات پر غصہ آنا شرافت کی نشانی ہے لیکن غصہ کو پی جانا مومن کی نشانی ہے۔
◀ دنیا کا امیر شخص وہ ہے، جس کے دوست مخلص ہوں
◀ اچھے لوگوں کا تمہاری زندگی میں آنا تمہاری قسمت ہوتی ہے
اور انہیں سنبھال کر رکھنا تمہارا ہنر۔
◀ جو شخص تم پر غصہ کرے مگر پھر بھی تعلق ختم نہ کرے
وہ برے وقت میں تمہارا سچا ساتھی ہے۔
◀ جب تمہیں کبھی اپنے رزق میں کمی نظر آنے لگے
تو کچھ مال اللہ کو دے کر اللہ کے ساتھ تجارت کرو۔
◀ دنیا تمہیں اس وقت تک نہیں ہر اسکتی جب تک تم خود نا ہار جاؤ۔



والدین

فضل رازق پروفیسر اسلامیات

پشاور ماڈل ڈگری کالج (بوائز) پشاور

والدین ایسی ہستی ہیں جن کے بغیر خاندان ادھورا ہوتا ہے۔ اولاد کمزور پڑتی ہے انسان خود کو تنہا محسوس کرتا ہے۔

ارشاد نبویؐ ہے۔ ذلیل خوار ہو، ذلیل خوار ہوا

صحابہؓ نے پوچھا کون یا رسول اللہؐ آپؐ نے فرمایا وہ جس کے والدین زندہ ہوں اور وہ ان کی خدمت کر کے جنت کا مستحق نہ بنے۔

دوسری حدیث میں ہے تین گناہ ایسے ہیں جس کی سزا دنیا اور آخرت میں ملتی ہے۔ ۱۔ ظلم کرنا یا ظالم کی مدد کرنا ۲۔ جھوٹ بولنا ۳۔ والدین کی نافرمانی کرنا

آکسیجن

میڈیکل ریسرچ کے مطابق زندہ رہنے کے لئے ایک انسان روزانہ تین سلینڈر کے برابر آکسیجن استعمال کرتا ہے۔ جس کی قیمت تقریباً 3780 روپے بنتی ہے۔ یعنی ایک عام آدمی سالانہ 13 لاکھ 79 ہزار 700 روپے کی آکسیجن استعمال کرتا ہے اور 50 سال اوسط عمر تک تقریباً 6 کروڑ 89 لاکھ 85 ہزار روپے کی آکسیجن استعمال کرتا ہے۔ کیا ہم عام طور پر اس کا انتظام کر سکتے ہیں؟ نہیں۔۔ بالکل نہیں! ”پس تم اپنے پروردگار کی کون کونسی نعمت کو جھٹلاؤ گے“۔

سلیم احمد گیارھویں (پی ایم۔ جے)
پشاور ماڈل ڈگری کالج (بوائز) پشاور

حیرت انگیز مچھلیاں

- ☆ ٹراوٹ مچھلی کا ڈکار دنیا کی لذیذ ترین مچھلیوں میں کیا جاتا ہے۔
- ☆ ستارہ مچھلی کے ٹکڑے ٹکڑے کر دیے جائیں تو ہر ٹکڑا ایک نئی مچھلی بن جاتا ہے۔
- ☆ شارک، ٹوپ اور ڈاگ فش مچھلیاں دیتی ہیں جبکہ باقی تمام مچھلیاں انڈے دیتی ہیں۔
- ☆ تار پیڈو، رے اور الیکٹرک مچھلیاں کرنٹ مارنے والی مچھلیاں ہیں۔
- ☆ شارک مچھلی کا اگر دانت گر جائے تو اس کی جگہ نیا دانت نکل آتا ہے اور یہ سلسلہ ساری عمر جاری رہتا ہے۔
- ☆ دنیا کی سب سے مہنگی مچھلی Blue Fin Tuna ہے جو جاپان میں کھائی جاتی ہے۔

مظہر نوید فرسٹ ایئر (پی ایم۔ پی)
پشاور ماڈل ڈگری کالج (بوائز) پشاور



کامیابی کا راز خاموشی

عائشہ قاسم
فرسٹ ایئر (پی ایم۔ ڈی)
پشاور ماڈل ڈگری کالج (گرلز) پشاور

آپ اپنی زندگی میں پیچھے مڑ کر ذرا دیکھیں اگر کسی نے نقصان اٹھایا ہے تو اس کے پیچھے ضرور اس کے اپنے الفاظ ہوں گے اور جب بھی کوئی چپ رہا تو اس کا ضرور کوئی نہ کوئی فائدہ ہوگا۔ کسی پر غصہ آئے تو چپ ہو جائیں کسی پہ تنقید کرنے کا دل چاہے تو چپ ہو جائیں کسی کو بد عادی نہ کوئی دل چاہے تو چپ ہو جائیں اگر دیکھا جائے تو یہاں پر ہر شخص بول رہا ہے چپ رہنے والا فائدے میں ہے تو سب سے بڑا نقصان اٹھانے والا وہ ہے جو بول رہا ہے۔ کیونکہ وہ سن بھی نہیں رہا۔ اللہ تعالیٰ دیکھ بھی رہا ہے، سن بھی رہا ہے اور زیادہ بولنے والا اللہ کو پسند نہیں ہے اور آخرت کے روز اس کے بارے میں پوچھا جائے گا۔ تو خود میں خاموش رہنے کی صلاحیت پیدا کریں اور خود کو زیادہ بولنے سے روکیں۔

یہ اور بات ہے منبر پہ آ کے کچھ نہ کہیں
خاموش لوگ بلا کے خطیب ہوتے ہیں



آئیں عہد کریں، درخت لگائیں

بخٹاور عامر

فرسٹ ایئر (پی ایم۔ جی)
پشاور ماڈل ڈگری کالج (گرلز) پشاور

قدرت نے انسان کو بہت ساری نعمتوں سے نوازا ہے ان نعمتوں کا استعمال تو سب کر رہے ہیں اور ساتھ ساتھ ختم بھی کر رہے ہیں لیکن کوئی ان کو بڑھانے کی کوشش نہیں کر رہا۔ اگر ہم صرف درختوں کی ہی بات کریں تو کیا آپ نے کبھی یہ سوچا ہے کہ اگر اس دنیا سے درخت ختم ہو جائیں تو زندگی ہی ممکن نہیں،

درخت اللہ کی وہ نعمت ہیں جس کا کوئی ثانی نہیں کیونکہ درخت لگانے کو صدقہ جاریہ کہا گیا ہے کوئی جانور، مسافر یا پرندہ اس درخت سے کوئی فائدہ اٹھائے تو اس کا ثواب اس شخص کو ضرور ملتا ہے۔

پاکستان میں کل تعداد درختوں کی 3 ارب ہے جبکہ روس میں 264 ارب ہے اگر برازیل اور ریاست ہائے متحدہ امریکہ کی بات کی جائے تو ان میں بھی درختوں کی تعداد پاکستان کے مقابلے بہت زیادہ ہے۔ اس کے علاوہ بہت سے اور ممالک بھی ہیں۔

کیوں نا ہم بھی اپنے وطن کو ہر ابھر اپنا آئیے عہد کرتے ہیں کہ ہم بھی اپنے وطن کو ہر ابھر اپنا کر اس ملک کی خدمت کریں گے۔



دنیا کی سب سے قیمتی چیز



اس کائنات میں اگر انسان اپنی نظریں دوڑائے تو بہت سی قیمتی چیزیں اسکے علم میں آسکتی ہیں۔ جیسے مال و دولت، سونا چاندی، عزت و شہرت وغیرہ۔ مگر ان سب میں سے جو بہت عزیز اور پیاری چیز ہے وہ ”عزت“ ہے۔ مال و دولت کے بغیر انسانی زندگی اتنی مشکل نہیں ہوتی جتنی عزت کے بغیر ہوتی ہے۔ عزت جانے میں کچھ لمحے لگتے ہیں اور واپس آنے میں بہت عرصہ لگتا ہے۔ کہا جاتا ہے کہ علم، دولت اور عزت یہ تینوں پکے دوست تھے۔ تو ان تینوں کے پھٹنے کا وقت آیا تو علم نے کہا کہ مجھے درس گاہوں میں تلاش کرنا، دولت نے کہا مجھے بادشاہوں کے خزانوں میں تلاش کرنا اور عزت خاموش رہی۔ علم اور دولت نے عزت سے خاموشی کی وجہ پوچھی تو عزت کہنے لگی میں کسی سے پچھڑ جاتی ہوں تو پھر بہت ہی مشکل سے ملتی ہوں۔ اسلئے ہمیں ہر قدم بہت سوچ سمجھ کر اٹھانا چاہئے اور جس نے دوسروں کی عزت کی تو اس نے خود عزت پائی۔

حافظ عدنان شاہ

(پی ایم۔ جی)

پشاور ماڈل ڈگری کالج (بوائز) حیات آباد



نظم

میں راہِ زندگانی پر

میں راہِ زندگانی پر۔۔۔

قدم جب بھی بڑھاتی ہوں

کہیں کانٹوں سے بچنا ہے کہیں دل کو کچلنا ہے

کہیں اپنوں کی بے رخیاں کہیں غیروں کے طعنے ہیں

میں تھک کر بیٹھ جاتی ہوں

خدایا! رستہ مشکل ہے

میں ہمت کم ہی پاتی ہوں

کہیں پھر پاس سے دل کے

صد ایک خوب آتی ہے

کہ راہیں جنتوں کی کب بھلا آسان ہوتی ہیں

کہیں صحرا کی تپتی ریت

کہیں طائف کے پتھر ہیں

کہیں اپنے ہی تلواریں لیے

اس جاں کے درپے ہیں

اگرچہ ہے بہت مشکل مگر اس راہ سے پہلے بھی

کتنے لوگ گزرے ہیں

اپنے قدموں پہ چلنا ہے کہ پھر ایک حسین

منزل تمہاری منتظر ہوگی

بس یہ یاد رکھنا تم۔۔۔

منازل جب حسین ہوں تو

راہیں دشوار ہوتی ہیں

راؤ مریم لطیف

فرسٹ ایئر (پی ای ایم۔ ڈی)

پشاور ماڈل ڈگری کالج (گرلز) پشاور



غزل

چھوٹے سے گھر میں سبھی مل کے رہا کرتے تھے

نعمتیں کم تھیں مگر شکر ادا کرتے تھے

ایک کمزوری زنجیر پڑی رہتی تھی

گھر کے دروازوں کو تالے نہ لگا کرتے تھے

بیٹھنے اُٹھنے کے آداب سے آگاہ تھے ہم

غور سے بات بزرگوں کی سنا کرتے تھے

سال کے سال ملا کرتی تھی پوشاک نئی

ہم پہن کر جسے اتراتے پھرا کرتے تھے

سرِ بازار پھڑ جانے کا خطرہ ہی نہ تھا

انگلی ماں باپ کی یوں تھام لیا کرتے تھے

جب گزرتا تھا گلی سے کوئی پھیری والا

دے کے آواز اُسے روک لیا کرتے تھے

کوئی مہمان جب آتا تھا اچانگ گھر میں

مل کے سب اُس کی مدارات کیا کرتے تھے

ڈاکیا آدھی ملاقات کر دیتا تھا

لوگ اُن پڑھ تھے مگر خط بھی لکھا کرتے تھے

جوڑنا پڑتے نہ تھے ہاتھ خطا کاروں کو

معذرت کے لیے الفاظ ہوا کرتے تھے

پہلے ہوتے تھے گداگر بھی فقیروں کی طرح

کچھ نہ پا کر بھی دعائیں وہ دیا کرتے تھے

کیا عجیب کھیل تھا وہ آنکھ مجھ کو نامر سہ

عید کا چاند بھی ہم ڈھونڈ لیا کرتے تھے

محمد عظیم سکندر سینڈ ایئر (پی ای ایم۔ ڈی) پشاور ماڈل ڈگری کالج (بوائز) حیات آباد



”پاکستان اور تعلیم“



کسی بھی ملک کی ترقی و خوشحالی میں سب سے اہم کردار پڑھی لکھی اور جوان نسل کا ہوتا ہے۔ اگر معاشرہ پڑھا لکھا ہوگا تو تمام اچھی عادات اس میں خود بخود آجائیں گی۔ لیکن اگر نو جوان نسل کو تعلیم حاصل کرنے میں دشواری کا سامنا ہے تو ایک اچھے ماحول کی توقع رکھنا بیکار ہے۔ دنیا کے تمام ترقی یافتہ ممالک اپنے تعلیمی نظام کو بہتر بنانے میں لگے ہیں۔ مگر بد قسمتی سے ہمارے ملک میں باقی تمام شعبوں کی طرح تعلیم کا شعبہ بھی زبوں حالی کا شکار ہے۔ کسی بھی ملک کی کوشش ہوتی ہے کہ اپنے نو جوانوں کو مفت تعلیم مہیا کرے۔ مگر افسوس کے ساتھ ہمارے ہاں تعلیم دن بہ دن مہنگی ہوتی جا رہی ہے۔ جو غریب بچوں سے پڑھنے کا حق چھین رہی ہے۔ مہنگائی کے اس ہوشربا دور میں جہاں دو وقت کی روٹی مشکل سے میسر ہے وہاں غریب والدین کے لیے بھاری فیس دے کر بچوں کو پڑھانا کافی مشکل ہو گیا ہے۔

اگر پاکستان میں رائج تعلیمی نظام پر بات کی جائے تو عام طور پر پاکستان میں رٹاسٹم رائج ہے۔ جس کی وجہ سے طالب علموں کی صلاحیتیں کھل کر سامنے نہیں آتیں غیر ضروری چیزوں پر توجہ دی جاتی ہے۔ اور ضروری چیزوں کو نظر انداز کیا جاتا ہے۔ اگر موجودہ دور کی بات کریں تو جب سے کورونا نے پوری دنیا کو اپنی لپیٹ میں لیا ہے تب سے مشکلات اور بھی زیادہ ہو گئی ہیں۔ چونکہ سکول بند کیے گئے ہیں اس لیے آن لائن سٹم کے ذریعے پڑھائی جاری ہے جو کہ خاص طور پر پاکستانی طلبہ کے لیے نیا تجربہ ہے۔ جس کی اکثر طلبہ کو سمجھ ہی نہیں ہے۔ جو انہیں پڑھائی سے بے زار کر رہی ہے۔ آن لائن پڑھائی دور دراز رہنے والے طلبہ کے لیے بھی ایک بڑا مسئلہ ہے۔ جہاں انٹرنیٹ کی سہولت موجود نہیں۔ سگنلز کے مسئلے پر بھی اکثر طلبہ نالاں دکھائی دیتے ہیں کیونکہ اس طرح استاد کا لیکچر سر پر سے گزر جاتا ہے۔ اس طرح بہت سے طلبہ اس بات پر بھی احتجاج کرتے دکھائی دیتے ہیں کہ آن لائن پڑھائی کی طرح امتحان بھی ان لائن لیے جائیں۔

حالیہ دنوں میں کی گئی ایک تحقیق میں بتایا گیا ہے کہ پاکستان میں طلبہ کی اکثریت سائنس اور ریاضی میں کمزور ہے۔ میرے خیال میں اس کی وجہ بنیادی تعلیم کی بجائے نصابی تعلیم پر زور دینا ہے۔ جو یقیناً طلبہ کی صلاحیتوں کو کم کر دیتا ہے۔ اساتذہ کو بھی چاہیے کہ پرانے طریقے چھوڑ کر پڑھائی کے انداز میں جدت لائیں۔ کورس سے ہٹ کر طلبہ کو مختلف طریقوں سے سکھایا جائے اسی سلسلے میں حکومت کا فرض بنتا ہے کہ وہ نجی و سرکاری کی تفریق کو ختم کریں تاکہ قوم کے یہ معمار کل کو اس ملت و قوم کا نام زندہ رکھ سکیں۔

زین حیات

سیکنڈ ایر (پی ایم۔ پی)

پشاور ماڈل ڈگری کالج (بوائز) حیات آباد

2- لڑکا کمرہ امتحان میں بیٹھا سوالیہ پیپر کو دیکھ رہا تھا۔
اُستاد: کیا پیپر مشکل ہے؟
شاگرد: نہیں پیپر تو مشکل نہیں ہے!!!
میں تو یہ سوچ رہا ہوں کہ اس سوال کا جواب
میری کس جیب میں ہے۔



1- ایک چرسی قبرستان میں بیٹھا چرسی پی رہا تھا۔
پولیس آئی تو اس نے چرسی چھپالی۔
پولیس: یہاں کیا کر رہے ہو؟
چرسی: کچھ نہیں اپنے والد کی قبر پر دُعا کر رہا ہوں۔
پولیس: لیکن یہ تو کسی بچے کی قبر ہے۔
چرسی: والد صاحب بچپن میں ہی فوت ہو گئے تھے۔



4- شوہر نے دفتر سے بیوی کو فون کیا۔
بیوی: کیا آپ نے کھانا کھالیا۔
شوہر: کیا آپ نے کھانا کھالیا۔
بیوی: میں آپ سے پوچھ رہی ہوں۔
شوہر: میں آپ سے پوچھ رہا ہوں۔
بیوی: آج شاپنگ پر چلیں؟
شوہر: ہاں بیگم میں نے کھانا کھالیا۔

3- لڑکی، لڑکے سے پوچھتے ہوئے۔
لڑکی: ہم کہاں جا رہے ہیں؟
لڑکا: Long Drive پر۔
لڑکی: واہ! لیکن پہلے کیوں نہیں بتایا؟
لڑکا: مجھے بھی ابھی پتا چلا ہے۔
لڑکی: وہ کیسے؟
لڑکا: کیونکہ! بریک نہیں لگ رہی ہے۔



حسن اخلاق کیا ہے؟

کمال الدین فرسٹ ایر (پی ایم۔ ایم)
پشاور ماڈل ڈگری کالج (بوائز) حیات آباد

”اخلاقیات“ یا ”علم اخلاق“ (Ethics) درحقیقت یونانی لفظ (Ethos) سے ماخوذ ہے، جس کے معنی عادات و اطوار، طور طریقہ اور رواج وغیرہ کے آتے ہیں، عربی زبان میں اس کے لئے لفظ ”خُلُق“ آتا ہے۔ جس کی جمع اخلاق ہے اور معنی انسان کی باطنی قدرت و عادت کے ہیں۔ جیسے باطنی آنکھوں سے نہیں بلکہ چشم بصیرت سے دیکھا جاسکتا ہے۔ اور اخلاق اسلامی تعلیمات کو بھی کہا جاتا ہے جو انسانی کردار کی فضیلتوں اور برائیوں کو بیان کرتی ہیں۔ اسلام اخلاق کو بہت اہمیت دیتا ہے۔ اور قرآن مجید میں اخلاقی مفاہیم جیسے، خیر اور شر، عدل اور ظلم، صبر و احسان پر زیادہ توجہ دی گئی ہے۔ اور پیغمبر اکرمؐ کی رسالت کا اصلی ہدف انسانوں کے اخلاق کی اصلاح ہے۔ اور حسن اخلاق افضل مومن کی نشانی ہے۔ رسول اللہؐ نے فرمایا مومنوں میں افضل ترین مومن وہ ہے جس کا اخلاق اچھا ہے۔ اور اپنے خیالوں کی حفاظت کرو، کیونکہ یہ تمہارے الفاظ بن جاتے ہیں۔ اپنے الفاظ کی حفاظت کرو، کیونکہ یہ تمہارے اعمال بن جاتے ہیں۔ اپنے اعمال کی حفاظت کرو، کیونکہ یہ تمہارے کردار بن جاتے ہیں۔ اپنے کردار کی حفاظت کرو، کیونکہ یہ تمہاری پہچان بن جاتا ہے۔

کامیاب زندگی میں ہمت، حوصلہ اور بہادری کا اہم کردار

ہمت، حوصلہ اور بہادری کے الفاظ ایک دوسرے کے لئے لازم و ملزوم ہیں۔ جس طرح ایک مکمل انسان کے بنانے میں جسم اور روح کا رشتہ ہے اسی طرح ایک کامل اور کامیاب زندگی میں یہ تینوں برابر کے حصہ دار ہیں۔ اسی طرح محمد ﷺ کی ایک حدیث مبارک ہے "آدمی کی ہمت اس کی خواہش کے مطابق ہے اور اس کی غیرت اس کے جوش کے مطابق ہے" یعنی انسان کی جتنی اونچی خواہشات ہوں گی تو ان کو پورا کرنے کے لئے اتنی ہی زیادہ ہمت اور حوصلہ کی ضرورت ہے۔ چرچل کا مشہور مقولہ ہے کہ "کامیابی حتیٰ منزل نہیں ہے اور نہ ہی ناکامی حتیٰ مایوسی، دراصل حوصلہ قائم رہے، یہی سب سے بڑی کامیابی ہے"۔ انسان کی کامیابی اس کی جسمانی ساخت سے مشروط نہیں بلکہ اس کی کامیابی کا انحصار اس کی ذہنی و فکری صلاحیتوں کے ساتھ غیر متزلزل یقین، مصمم ارادہ اور آگے بڑھنے کی صلاحیت اور خواہش پر ہے۔ ایک اور قول بھی قابل غور ہے کہ "آپ کی منزل وہاں تک ہے، جہاں تک آپ ہمت نہیں ہارتے"۔ اگرچہ ابھی تک ہم صرف "ہمت" کی اہمیت پر زور دے رہے ہیں مگر ایک سوال اٹھتا ہے کہ کیا "ہمت" کی اہمیت حوصلہ اور بہادری سے زیادہ ہے؟ تو جواب یہ ہے کہ ہاں۔ جس طرح پہلے ذکر ہوا ہے کہ روح اور جسم مل کر انسان بنتا ہے۔ اس طرح ہمت کا کردار جسم کے مترادف ہے۔ جب جسم یعنی "ہمت" انسان میں پیدا ہو جائے تو تب ہی روح یعنی "حوصلہ اور بہادری" اس مجازی جسم میں سمٹ کر ایک کامیاب زندگی کا باعث بن سکتے ہیں۔ کیونکہ ہمت کرنا ابتدا ہے۔ جیسا کہ شاعر اعجاز رحمانی اپنے ایک شعر میں فرماتے ہیں۔

ابھی سے پاؤں کے چھالے نہ دیکھو ابھی یار سفر کی ابتدا ہے۔

یعنی ہمت ہی سے سفر کی ابتدا ہوتی ہے۔ باقی جیت انسان کے حوصلے اور بہادری پر منحصر ہے۔ اس کے علاوہ اس سفر میں بہت سی رکاوٹیں آئیں گی مگر حوصلہ نہیں ہارو گے تو جیت ہوگی، بہت سے لوگ باتیں سنائیں گے اور تم کو ہرانے کے لئے تمہارا حوصلہ پست کرنے کی کوشش کریں گے، مگر جیسا کہ پہلا قدم "ہمت" ہے۔ اس طرح تم کو دوسرا قدم "حوصلہ" ہے، تب تم "بہادری" کے مرحلے میں جا کر کامیابی پاؤ گے، اور پھر اس دنیا میں اتنی جرات نہیں ہوگی کہ تم کو ناکام کر سکے۔ جیسا کہ جگر مراد آبادی کا شعر ہے

ہم کو مٹا سکے یہ زمانے میں دم نہیں
ہم سے زمانہ خود ہے زمانے سے ہم نہیں



علاج مہکرون گا

محمد علی

سیکنڈائر (پی ایم۔ پی) پشاور ماڈل ڈگری کالج (بوائز) مردان

بخارا کا بادشاہ نوح بن منصور شدید بیمار تھا۔ شاہی طبیبوں کے علاوہ دنیا کے بہترین طبیب بھی بادشاہ کی صحت سے مایوس ہو چکے تھے۔ جس کی وجہ سے شاہی حکیموں کو مجبوراً یہ اعلان کرنا پڑا کہ تمام رعایا بادشاہ کی صحت و سلامتی کے لئے خصوصی دعا کرے۔ اس اعلان کی وجہ سے پورے ملک میں تشویش کی لہر دوڑ گئی اور ملک کی تمام مساجد میں بادشاہ کی صحت یابی کے لئے دعائیں مانگی جانے لگیں۔ ایک دن تمام شاہی حکیم پریشان بیٹھے تھے کہ ایک سترہ سالہ نوجوان آیا اور اس نے شاہی طبیبوں سے کہا کہ وہ بادشاہ کا علاج کرنا چاہتا ہے۔ یہ بات سن کر شاہی طبیب حیران ہو گئے۔ نوجوان سے کہا کہ دنیا کے بہترین حکیم اور طبیب بادشاہ کے علاج میں ناکام ہو گئے تم کیسے علاج کرو گے؟ نوجوان نے جواب دیا کہ اللہ تعالیٰ نے چاہا تو میں علاج کروں گا اور اللہ شفا دے گا۔ اس طرح نوجوان کو بادشاہ کا علاج کرنے کی اجازت مل گئی۔ نوجوان کے علاج سے بادشاہ کی صحت بحال ہونے لگی اور وہ چند روز میں مکمل صحت یاب ہو گیا۔ بادشاہ کی صحت یابی کا پورے ملک میں جشن منایا گیا۔ جشن کے بعد جب بادشاہ پہلی بار دربار میں بیٹھا تو تمام وزرا اور اعلیٰ عہدہ دار دربار میں موجود تھے۔ اس بھرے دربار میں بادشاہ نے نوجوان سے پوچھا، نوجوان تم نے ہمارا علاج کر کے ہمیں نئی زندگی دی۔ اب تم جو انعام طلب کرتے ہو وہ ہم دیں گے۔ اب سارے درباری دم سادھے بیٹھے تھے کہ نوجوان کتنا قیمتی انعام طلب کرتا ہے۔ نوجوان گویا ہوا "بادشاہ سلامت آپ کی رعایا ہونے کی وجہ سے آپ کا ہم پر حق ہے کہ ہم آپ کا علاج کریں اور شفا اللہ کے ہاتھ میں ہے، رہی انعام کی بات تو مجھے کسی چیز کی ضرورت نہیں البتہ اگر آپ اپنے کتب خانے کی کتابوں کا مطالعہ کرنے کی اجازت مجھے دیں تو مہربانی ہوگی کیونکہ علم سے قیمتی چیز دنیا میں کوئی نہیں۔ یہ سن کر بادشاہ اور درباری حیران رہ گئے اور بادشاہ نے نوجوان کو کتب خانے کا مطالعہ کرنے کی اجازت دے دی۔ یہ نوجوان حکیم بوعلی سینا تھے۔ وہ ایک امیر جاگیردار عند اللہ کے ہاں پیدا ہوئے۔ علم حاصل کرنے کے شوق میں بخارا چلے آئے۔ بوعلی سینا نے شاہ نوح بن منصور کے کتب خانے کی کتابوں کے علاوہ بھی بے شمار کتابیں پڑھی ہیں اور دنیا کا شاید ہی کوئی فن ایسا ہو جس پر بوعلی سینا نے مہارت حاصل نہ کی ہو۔ دنیائے اسلام کے یہ عظیم طبیب اپنے زمانے کے عظیم حکیم، فلسفی اور ماہر طبیعیات تھے۔ انھوں نے مختلف علوم پر ایک سو پانچ کتابیں تصنیف کی ہیں۔ الفانوس والشفاء اور لسان العرب کے علاوہ الارشادات، اسرار الحکمۃ المشرقیہ مشہور ہیں۔ ان میں سے بہت سی کتابیں ان کی وفات کے چھ سو سال بعد تک اسلامی ممالک کے علاوہ یورپ کی یونیورسٹیوں میں پڑھائی جاتی رہیں۔ پورا یورپ انہیں بوعلی سینا کے نام سے پہچانتا ہے۔ جب تک علم کا چرچا رہے گا بوعلی سینا کا نام بھی زندہ رہے گا۔

ماہر نفسیات کہتے ہیں

صرف دس فیصد خوشیاں آپ کو باہر کے حالات سے ملتی ہے بقیہ نوے فیصد خوشیاں آپ کو اندر کی سوچ اور احساسات سے ملتی ہیں گویا خوش رہنے کیلئے دنیا کو بدلنے کی بجائے اپنے اندر کی دنیا کو بدلنا ضروری ہے۔

بات تو سچ ہے

اگر آپ کسی بیوقوف کی شکل نہیں دیکھنا چاہتے تو آپ کو پہلے اپنا آئینہ توڑنا چاہیے۔
تین آدمیوں میں راز، رازہ سکتا ہے۔ بشرطیکہ ان میں سے دو مرچکے ہوں۔



علیہ عظمت

سیکینڈائیر

پشاور ماڈل ڈگری کالج (گرلز) مردان

آج کی اچھی بات

شکل کی خوبصورتی محض آنکھوں کو بھاتی ہے جبکہ کردار کی خوبصورتی دلوں کو فتح کرتی ہے۔

اخلاق

حضرت علیؑ نے فرمایا!

اخلاق وہ چیز ہے جس کی کوئی قیمت نہیں دینی پڑتی ہاں مگر اس سے ہر انسان خریداجا سکتا ہے۔

ماں کیا ہے؟

کسی نے پوچھا ”ماں کیا ہے؟“

بادل نہ کہا: ”ماں وہ دھنک ہے جس کے اندر ہر رنگ نمایاں ہے۔“

خدا نے کہا: ”ماں میری طرف سے انمول تحفہ ہے۔“

شاعر نے کہا: ”ماں وہ غزل ہے جس کی تعریف کیلئے میرے پاس الفاظ نہیں ہے۔“

جنت نے کہا: ”ماں وہ ہستی ہے کہ میں بھی اُسکے قدموں تلے ہوں“

میں نے کہا: مجھے ماں اور پھول میں کوئی فرق نظر نہیں آتا ماں وہ پھول ہے جسکی خوشبو سے گھر کے درود یوار اُٹھتے ہے ماں کا کوئی نعم البدل نہیں ہے۔

افراح بشارت (سیکینڈائیر)

پشاور ماڈل ڈگری کالج (گرلز) بہری پور

کیا عورت انسان نہیں ہے

مسجد مندر جانے والو عورت کا حق کھانے والوں

اس بت میں کیا جان نہیں ہے؟ کیا عورت انسان نہیں ہے

اس کے ہاتھوں جھولنے والو احسانوں کو بھولنے والو

اس کی کوئی مثال نہیں ہے کیا عورت انسان نہیں ہے

بٹی کو شرجاننے والو رب سے بیٹا مانگنے والو

اس کا رب رحمن نہیں ہے کیا عورت انسان نہیں ہے

عائشہ بی بی (سیکینڈائیر)

پشاور ماڈل ڈگری کالج (گرلز) بہری پور

اقراء عبدالحق

فرسٹ ایئر (پی ایم پی)

پشاور ماڈل ڈگری کالج (گرلز) ہری پور

”ایک سوال کے دس جواب الگ الگ“

دس آدمیوں کی ایک جماعت نے حضرت علیؑ سے سوال کیا کہ:

علم اور دولت میں سے کس کو برتری حاصل ہے؟

براہ کرم سب افراد کو الگ الگ جواب فرمایا جائے تو حضرت علیؑ نے یہ دس جواب ارشاد فرمائے:

- 1- دولت فرعونوں کا ورثہ ہے اور علم انبیاء کرامؑ کا عطیہ۔
- 2- دولت کی حفاظت تم کرتے ہو جبکہ علم تمہاری حفاظت کرتا ہے۔
- 3- جس کے پاس دولت ہو اس کے بہت سے دشمن ہوتے ہیں۔
- اور جس کے پاس علم ہو اس کے بہت سے دوست ہوتے ہیں۔
- 4- دولت بانٹی جائے تو کم ہوتی ہے۔ علم بانٹا جائے تو بڑھتا ہے۔
- 5- دولت مند کنجوسی کی طرف مائل رہتا ہے اور عالم فیاضی کی طرف۔
- 6- دولت چرائی جاسکتی ہے جبکہ علم چرایا نہیں جاسکتا۔
- 7- دولت محدود ہے اس کا حساب رکھا جاسکتا ہے۔ علم لامحدود ہے۔
- 8- دولت وقت کے ساتھ گھٹتی رہتی ہے۔ علم کبھی نہیں گھٹتا۔
- 9- دولت سے اکثر دل و دماغ پر سیاہی چھا جاتی ہے۔ علم سے دل و دماغ روشن ہو جاتے ہیں۔
- 10- دولت نے نمرود اور فرعون جیسے خدائی کا دعویٰ کرنے والے پیدا کئے۔ جبکہ علم نے انسان کو سچے معبود سے متعارف فرمایا۔

خاموشی

لوگوں کی نظر میں خاموشی انا ہے اور تمہارے رب کی نظر میں خاموشی عبادت ہے۔

صدف ذوالفقار

فرسٹ ایئر

پشاور ماڈل ڈگری کالج (گرلز) ہری پور

MISSIONS AND VISIONS OF OUR HEADS



Mr. KHUSH DIL KHAN  **Principal, PMDC (Boys), Dalazak Road, Peshawar**

I believe and practice missionary zeal in education using modern gadgets and techniques by recognizing true patriots who sincerely desire to bring about long awaited change in the national life of Pakistan. My educational vision always demands students' wholesome grooming and piping them out for leadership in every walk of life. It is the inspiring leader who can succeed in moulding their countrymen into strong, vibrant and progressive nation.



Ms. TAHIRA ABBASI  **Principal, PMDC (Girls), Dalazak Road, Peshawar**

"I am pleased to have this new volume of The Newsletter at hand. The contents reflect holistic approach and focused efforts pursued by Peshawar Model Degree Colleges for the all round personality development of our students. We impart education for life which not only caters for harmonious development of physical and mental faculties but also cultivates social and moral values. The aim is to prepare our students face the challenges of life with confidence."



Mr. RASHID SAEED  **Principal, PMDC (Boys), Hayatabad - Peshawar**

It is an admitted fact through out the world that a nation can move forward and tread on the path of progress and prosperity if it has recognised the importance of imparting quality and meaningful education to its youth. Being the head, I always feel that children have to be educated but they also have to be left to educate themselves so that they can face the challenges of their lives boldly and bravely.



Ms. SAIQA SAQIB  **Principal, PMDC (Girls), Hayatabad - Peshawar**

"I want to align the teaching - learning process with the shift in the modern world, by introducing innovative methods. Apart from producing academic excellence as PMEI is doing over the years, I want to make my students true professional by making college life filled with memorable experiences through co-curricular and extra curricular activities".



MR. ALI REHMAN  **Principal, PMDC (Boys), Mardan**

Our vision is to develop well rounded, confident and responsible individuals who aspire to achieve their full potential. We will do this by providing a happy, safe, and supportive learning environment in which everyone will be equal and where all achievements will be celebrated. We motivate our students' love for learning, encourage them to try new and exciting things, and give them a solid foundation to build on.



Ms. ZEBUNNISA  **Principal, PMDC (Girls), Mardan**

My vision is to drive and to provide excellent educational opportunities that are responsive to the needs of our students, and empower them to meet and exceed challenges as active participants in shaping the future of our world.



Mr. MUHAMMAD ISHAQ  **Principal, PMDC (Boys/Girls), Haripur**

My aim is to develop the prevalent education system par with the changing needs of the modern times through innovation, research, creativity and effective use of human resources and latest technologies. My mission is to inculcate such learning outcomes in students that would make them the front runners and functionaries of market and society.